

# Screening for nutritional status



A resident should be assessed for nutritional status when they are initially admitted to a facility. Further screenings should be performed according to the rules of each tool and set out in the table below.

Subjective global assessment	Mini-nutritional assessment
<ul style="list-style-type: none"> <li>No nutritional care plan is required</li> <li>Rescreen regularly (monthly if in community or residential aged care setting)</li> </ul>	<ul style="list-style-type: none"> <li>Rescreen <b>every 3 months</b> for institutionalised residents</li> </ul>
Suspected or moderate malnutrition	At risk of malnutrition
<ul style="list-style-type: none"> <li>Ongoing nutritional support</li> <li>Regular weight monitoring</li> <li>Regular dietitian reviews</li> </ul>	<ul style="list-style-type: none"> <li>Closely monitor weight</li> <li>Rescreen every three months</li> <li>Treat with nutritional intervention in the presence of weight loss</li> <li>Conduct in-depth nutrition assessment in the presence of weight loss</li> </ul>
Severe malnutrition	Malnourished
<ul style="list-style-type: none"> <li>Maximise nutritional intake</li> <li>Consult with treating team</li> </ul>	<ul style="list-style-type: none"> <li>Treat with nutritional intervention</li> <li>Closely monitor weight</li> <li>Conduct in-depth nutrition assessment</li> </ul>
<a href="http://subjectiveglobalassessment.com">subjectiveglobalassessment.com</a>	<a href="http://mna-elderly.com/forms/mna_guide_english.pdf">mna-elderly.com/forms/mna_guide_english.pdf</a>