Co-editor Lincoln Tracy has been a powerhouse in the interview department. His third interview from the recent APS conference is with Professor Nanna Finnerup from Aarhus University in Denmark. I am always intrigued by how health care professionals end up working in the field of pain management. The routes are often circuitous and never dull.

We also congratulate Dr Nick Christelis on his recent appointment as the new Neuromodulation Society of Australia and New Zealand (NSANZ) President and the organisation’s award of charity status.

Inside this edition researchers from the University of Sydney are looking to interview both health care professionals and patients taking opioids, in a research project on how to manage these medications and more particularly how and when to stop taking these analgesics. Please consider contacting them via email phone or Skype and encourage some of your patients to participate

A new government and perhaps new opportunities in the field of pain management. There seems to be some movement in the Australian pain space with the Commonwealth Health Department announcing last month its priorities in the management of the health of the nation. Pain, or more particularly, arthritis and musculoskeletal health conditions, has been recognised as a national health priority, one of the eight priorities in health, which is welcome news. Painaustralia’s June launch of the new National Strategic Action Plan for Pain Management provides us with the opportunity to lead the world with the implementation of the first, fully funded government response to comprehensively addressing the burden of pain.

The ongoing review of the Medical Benefits Schedule is looking at two sets of item numbers which are important in pain management. Procedural item numbers, which are not majorly important to the majority of APS members and specific item numbers that are targeting General Practice and care in the community. There seems to be a feeling that the multi-disciplinary management of pain and the biopsychosocial approach has finally impinged upon the consciousness of the government. It is hoped that General Practitioners will be able to co-ordinate plans specifically for pain and the provision of these plans that will at least partially subsidise an increased number of visits to allied health, Physiotherapy, Occupational Therapy, Exercise Physiology and perhaps most importantly Clinical Psychology, which, in my opinion, has been the least supported of the effective allied health options.

It is early days yet, so watch this space.

Nicholas Cooke
Guest Editor
PERSONALISED TREATMENT, COLLABORATION, AND PUZZLES: A CHAT WITH NANNA FINNERUP

Nanna Finnerup, MD, DrMedSc, is a Professor in pain research at the Danish Pain Research Center, Department of Clinical Medicine, Aarhus University, Denmark and Chair of the Neuropathic Pain Special Interest Group for the International Association for the Study of Pain (NeuPSIG). Her research primarily focuses on the pathophysiology and therapy of neuropathic pain. Finnerup sat down with Lincoln Tracy, a research fellow from Monash University, Australia, at the 2019 Australian Pain Society Annual Scientific Meeting, which took place April 7-10, 2019, on the Gold Coast, Australia. Finnerup discussed how she got hooked on research, her current research interests, and her love of TV crime dramas. Below is an edited transcript of their conversation.

What was your path to pain research?
It was by chance, honestly. I was in Copenhagen doing my training in neurology but wanted to move back to Aarhus. I was considering doing a PhD and heard that Professor Troels Staehelin Jensen, was looking for a PhD student to study spinal cord injury pain. I interviewed for the position and started shortly after that. I was originally planning on doing the PhD and then go back to finish my neurology training. I found research to be so interesting, and eventually I realised that I wasn’t going to go back to working clinically. That was 1998, and I’ve been in research ever since.

What are you currently focusing on in your research?
One research area I’m currently involved in relates to stratification and personalised treatment. We want to try and identify patients with a specific sensory profile and see if they respond better to certain drugs. We are currently trying to repeat a previous randomised trial of ours where we looked at this and if we could get better outcomes for patients.

Another area of work we’re just starting is looking at identifying potential different biomarkers in assessing peripheral pain mechanisms like nerve excitability testing. Some of the researchers are looking into spinal reflex mechanisms, whereas others are using evoked potentials and fMRI to look at underlying brain mechanisms to investigate how different drugs affect different targets and areas in the brain. The main goal of this avenue of research, which is a European Union collaboration, is to look back to the preclinical studies and see if we can improve drug development.

What are some of the big challenges in pain research at the moment?
I think that while we know a lot about different types of pain—acute and chronic pain, for example—we still lack good and safe tools for efficient treatment. For some people it isn’t possible to treat the cause of the pain, but what we can do is learn how to minimise the impacts and the influence of pain. Having listened to many people who are in pain, and what they do about their pain, has made me realise how important pain self-management is. Getting to work their way through learning what is good for them—and what’s not good for them—is very important. I think that it’s also good for them to talk about their pain with other people—it’s incredibly helpful for them to know that they aren’t the only
A CHAT WITH NANNA FINNERUP

one who feels like this. There are some things that we know anecdotally are helpful for pain, but we don’t have the evidence to back it up. It makes it difficult to say, “you should do this, because it works”, but it means that we can say “you should try this because other people do this and have found it effective.”

Is there anything about pain that you have changed your mind on since you started your PhD?

That’s a good question, because I don’t really remember how I thought about things back then [laughs]. I’m not sure if my thoughts are really that different. But one thing I feel I have changed my mind about is how important it is that we are self-critical of our own research. I think as a community we really need to reduce what’s been called “waste” in research and really ask ourselves, “is this study going to make a difference, or is it just going to be one out of a hundred that examine the same thing?” How we spend the money we get for research is something that has received increasing amounts of focus over the past few years.

We really need to think about what has already been looked at and ask if our studies are powered enough to actually make a change. At times it’s important to go back to the literature, because many studies have asked questions we haven’t thought of or forgotten about. This is something that I really try and teach the students that I work with—to really highlight the importance of doing a systematic search before diving into a trial or study. This is sometimes difficult because of the rules or expectations placed on PhD students. In an ideal world all of your studies would have thousands of patients, right? That means that multicentre studies are those with the greatest impact—but these are the most difficult to do as part of a PhD. Sometimes you have to compromise, but I think it’s important to consider that we use our resources carefully.

What would you like pain research to be doing differently in 5 or 10 years?

One crucial thing is the power of collaboration and doing multicentre trials. While these studies have a lot of benefits, they are becoming more and more difficult because of different data protection and privacy rules. I certainly think that it is important to have things like privacy regulations covered, we don’t want the ability to collaborate and do research to be impeded by these processes.

I also think we need to make sure we keep doing is to be very clear on what our hypotheses are and what our primary outcome measure is at the outset of a study. You can always find something interesting in exploratory analyses and that’s important—but we need to make sure that any results we find through these analyses are treated as such.

What do you do when you’re not doing research?

Well I have three daughters, which kept me busy for several years [laughs]. But now the kids are all grown up, which means I have to try and remember what I did for fun before they were born. In the winter I like to do puzzles. I’m a big fan of some of the crime dramas on TV—The Americans, Breaking Bad, and House of Cards. There’s also a great Danish show called The Killing, but I’m not sure if you have that in Australia.

Lincoln Tracy is a postdoctoral research fellow in the School of Public Health and Preventive Medicine at Monash University and freelance writer from Melbourne, Australia. He is a member of the Australian Pain Society and enthusiastic conference attendee. You can follow him on Twitter (@lincolntacy) or check out some of his other writing on his website.
On behalf of the Scientific Program Committee and the Local Organising Committee, we are pleased to advise topical session submissions for APS 2020 are now open.

The deadline for Topical Session submissions is:

**TUESDAY 1 OCTOBER 2019**

View the [topical session submission guidelines](#).

Visit the [online topical session submission portal](#).

We look forward to receiving your submissions. Should you have any queries regarding your submission or the process, please contact the [Conference Secretariat](#).
ABSTRACT SUBMISSIONS

Submissions now open!
Submission Deadline: Thursday 31 October 2019

The Scientific Program Committee and Local Organising Committee for the 2020 Australian Pain Society 40th Annual Scientific Meeting are pleased to advise the abstract submissions for APS 2020 are now open.

Please note the following points regarding the submission process:

• The submitting author MUST be the main author and the person who will present the work at the ASM.
• If your abstract is accepted, either as a free paper or poster, there is an expectation that you will attend the conference to present this paper.
• Expressions of Interest (EOI) for travel grant applications are also being collected as part of the submission process.

To view the abstract submission guidelines please click here.
To submit an Experimental Studies (Clinical Studies, Basic Science, Public Health) and Clinical Trials abstract please click here.
To submit a Clinical Practice & Service Delivery abstract please click here.
To submit a Case Report please click here.

EOI for PhD / Nurse / AHP Travel Grant Applications
Delegates wishing to apply for a PhD / Nurse / Allied Health Professional (AHP) travel grant must:

• be the major contributor and submitting author of the abstract,
• complete the PhD / Nurse / AHP Travel Grant section of the abstract submission process
• Complete and submit the travel grant application form

For further information, to ensure you meet the terms and conditions for travel grant applications and to complete the travel grant application form, please click here.

We look forward to receiving your submissions!
RISING STAR AWARD APPLICATIONS NOW OPEN

Submissions now open!
Submission Deadline: Thursday 31 October 2019

The Rising Star Award showcases rising star pain researchers in Australia, and may be awarded annually subject to the application of suitable candidates. The Rising Star Winner will receive a return airfare, accommodation, and complimentary registration to attend APS 2020, where they will present a plenary talk to showcase their work and ideas.

Applications are now open, for further information and to apply, please click here.

Eligibility criteria
• Nominees must hold a PhD, and be within 5 years of conferment by the deadline of this award application.
• Applicants can be working in any field of pain research, including basic science, biomedical, clinical and other applied or cross-disciplinary sciences.
• The selection committee will take into account personal or extenuating circumstances that might provide grounds for consideration if the above eligibility criteria are not met.

Please include details in the nomination form such as:
- Time out for maternity/parental leave/carer’s/leave/illness
- Significant breaks in research time (e.g., due to clinical work, reduced research-focused post-doctoral employment)
- Pro rata (so relative to opportunity for those working as clinicians or teaching/research posts)

• Only individual scientists are eligible (not research teams)
• Applicants must be available to attend APS 2020, and to deliver the Rising Star presentation
• Applicant must be a member of the APS
• Australian citizen/resident, currently working in Australia and have spent at least two post-doctoral years in Australia, or have returned to continue working in Australia

Selection criteria
This award will be based on excellence in pain-related research achievement, demonstrated from the applicant’s track record, including:
• Specific research achievements or discoveries
• Research impact/application
• Collaboration achievements – independent of your supervisor
• Publication record (quality and impact of publications; e.g., H-index, standing of journals, citations)
• Grants obtained (as a Chief Investigator)
• Patents held
• Peer recognition: Awards or prizes, national profile, international profile

For further information and to apply please visit the conference website.

We look forward to receiving your submission!
SPC SCHOLAR POSITION
APPLICATIONS NOW OPEN

Submissions now open!
Submission Deadline: Thursday 26 September 2019

Purpose
The introduction of a scholar position on the APS SPC will seek to provide an opportunity for high calibre APS trainees to participate in the committee for a fixed term appointment of 12-months (November 2019 - November 2020).

Through active participation in a range of SPC activities the appointee will contribute to the planning of the Annual Scientific Meeting, and they will gain invaluable experiences and skills with mentorship from senior pain researchers and clinicians on the SPC. The scholar appointee will no doubt find that this experience puts them in very good stead for a strong future career in pain research.

Eligibility criteria
Applicants must be:
- A PhD student who has reached their confirmation milestone (i.e., in their second year or above)
- An APS member

Duties
Applicants must be:
- Participate in regular SPC discussions and planning activities for the APS Annual Scientific Meeting. Scholar must abide by SPC guidelines and attend >80% of SPC meetings.
- Review free paper and topical workshop abstracts under the mentorship of a full SPC committee member.

For further information and to apply please visit the conference website.

We look forward to receiving your submissions!
The APS has negotiated a special deal with the Faculty for a discount when purchasing individual modules. However, the cheapest rate is to pay for and complete all modules. The total cost of around $300 for all 12 modules is extremely good, considering the amount of work that has gone into generating the material. Many APS members have completed these modules, and the feedback has been very positive.

There is a link through the Members’ section of the APS website for the discount, or go directly to https://www.betterpainmanagement.com for the courses.

Two years ago, the Faculty of Pain Medicine launched their Better Pain Management modules. These are 12 internet-based learning modules covering a broad range of topics in pain management. The modules cover broad areas such as a whole person approach to understanding and assessing pain and the impact of psychological factors on pain, and there are also modules on specific topic areas, such as opioid management, low back pain, neuropathic pain, and paediatric pain.

The modules are highly interactive, and require you to answer questions (written and multiple choice) during your learning. This certainly enhances the learning experience. Each module takes between 30 and 60 minutes to complete, which is just the right amount of time to learn new information from the topic area without being overwhelmed.

The modules are ideal for any professional working in the pain management field. Whilst some modules will be more relevant for certain professions than others, every module has something to offer in terms of increasing the knowledge base in pain management.
at a recent workshop with PHNs. The resource, a map of chronic pain initiatives, aims to provide PHNs with an overview of the types of chronic pain initiatives PHNs are implementing as well as a description of each initiative to help PHNs in their planning.

This new mapping resource shows that chronic pain initiatives are implemented in all states and territories and in a range of metropolitan and regional PHNs. However, there is a need for more initiatives that focus on the prevention of chronic pain, technology-based initiatives to improve consumer access to multidisciplinary and multimodal care (such as telehealth and online consumer pain programs), and face-to-face community-based consumer pain programs. There is also a need for better monitoring and evaluation of initiatives with reports and evaluations made publicly available for PHNs to easily access.

Thank you to Painaustralia and Simone De Morgan for granting permission for APS to reproduce this article.

Painaustralia [and the Australian Pain Society] are pleased to participate in the Steering Group for the Australian Prevention Partnership Centre’s project to improve the response to pain management by Australia’s Primary Health Networks (PHNs).

The current model of care for chronic pain is unsustainable and PHNs have an important role in supporting greater involvement of primary care.

A project currently being conducted by The Australian Prevention Partnership Centre, led by Professor Fiona Blyth, aims to improve the awareness of PHNs of the numerous opportunities to improve the prevention and management of chronic pain.

The research team recently consulted with representatives from 26 PHNs and found that PHNs had poor awareness of chronic pain initiatives implemented by other PHNs.

A resource for PHNs has been developed by the research team and was launched
The research team has also developed a comprehensive guide to all online and accessible chronic pain initiatives and resources currently available to primary care in Australia, in a bid to increase awareness and uptake of these initiatives by consumers, health care providers, and PHNs. Using this guide to select and implement initiatives that are suitable to their local context, PHNs may be able to improve the prevention and management of chronic pain without the need to develop new programs and resources.

The next phase of the project will focus on providing opportunities for PHNs to come together to discuss chronic pain initiatives and potential innovations and enable better implementation and evaluation of initiatives.

Funding for this research has been provided from the Australian Government’s Medical Research Future Fund (MRFF). For more information about the project and a link to the available resources, visit The Australian Prevention Partnership Centre’s website at: https://preventioncentre.org.au/our-work/research-projects/preventing-the-development-of-chronic-pain/
The Neuromodulation Society of Australia and New Zealand (NSANZ) has been granted charity status, recognising its invaluable role in striving to uphold the professional practice of neuromodulation and supporting the estimated one-in-five Australians living with chronic pain.

New NSANZ President, Melbourne-based Pain Specialist and Anaesthetist, Dr Nick Christelis, said being awarded charity status will allow his organisation to perform 3 major functions:
1. Fund and promote further research into neuromodulation;
2. Educate doctors training in this medical field; and
3. Establish a neuromodulation device registry.

“Chronic pain is a significant health challenge for Australia. As a not-for-profit, we will strive for continuing improvement to patient outcomes, and to ease the significant economic impact of pain,” said Dr Christelis.

Chronic pain and neuromodulation

- Around 3.24 million Australians are living with chronic pain, which is neither preventable, nor the consequence of poor health choices.
- Chronic pain affects the young and old, and can significantly compromise a person’s life.
- Neuromodulation, or Spinal Cord Stimulation (SCS), is a minimally invasive and reversible therapy that may prove an effective, additional or alternative option for those who have tried, and failed, conservative pain management treatments.
- SCS intercepts pain signals as they travel along nerve fibres through the spinal cord, before they reach the brain.
- Each year, an estimated 50,000 spinal cord stimulators are implanted worldwide, mostly for persistent or worsened pain following spinal surgery, and the severe nerve pain condition called complex regional pain syndrome (CPRS).
This study has been approved by the University of Sydney Human Research Ethics Committee - (Protocol Number 2018/563).

**Study to develop guidelines on how to stop taking opioid analgesics (pain killers)**

**WHO ARE WE LOOKING FOR?**

- Consumers currently taking pain killers known as opioid analgesics
- Health professionals looking after patients taking opioid analgesics

**WHAT WILL PARTICIPANTS NEED TO DO?**

- We will interview you and ask a number of questions relating to opioids and when it is appropriate to stop prescribing opioids
- The interview (face-to-face or via phone/Skype) will take no longer than an hour

Please contact us via phone or email as below if you wish to participate

02 9351 4445
02 9351 2298

Contact us

[link](mailto:sph.opal@sydney.edu.au)
[link](mailto:carl.schneider@sydney.edu.au)

**ARE YOU TAKING AN OPIOID MEDICINE BECAUSE OF PAIN?**

This study has been approved by the University of Sydney Human Research Ethics Committee - (Protocol Number 2019/161).

We want to understand your views on reducing or stopping your opioid medicines, in order to design interventions to help people come off their medicines.

**Who are we looking for?**

- Adults currently taking prescription opioid medicines for chronic non-cancer pain
- Have not been on opioid rotation (switching from one opioid to another) or substitution therapy (e.g. methadone)

**What will you need to do?**

- We will call you for one telephone interview (20 min to 1 hour) at a time convenient to you

**Contact us**

- Phone: (02) 8627 6267
- Email: sph.opal@sydney.edu.au
- Fax: (02) 8624 4746
HAVE YOU HAD AN ARTICLE ACCEPTED FOR PUBLICATION THIS YEAR?

Reminder that we are keen that members inform us when they have publications so that this can be shared with your APS colleagues.

Please send the newsletter editor (via the APS Secretariat, aps@apsoc.org.au) the title, authors and reference (i.e. the journal, volume etc.) of the article, preferably with a short explanatory note to give our readers the gist of the article, e.g. the conclusions part of the abstract; if you would like to supply a short commentary on the article, even better.

SEQIRUS WEBINAR: CARING FOR THE OLDER CHRONIC PAIN PATIENT

Speakers:
- Dr Roger Goucke AM (Medical Editor of the Australian Pain Society’s “Pain in Residential Aged Care Facilities: Management Strategies, 2nd Edition”)
- Prof Stephan Schug

To register, go to the following webpage and follow the prompts: https://blive.net.au/conference/

BANTING POSTDOCTORAL FELLOWSHIPS
GOVERNMENT OF CANADA

APPLICATION SUBMISSION DEADLINE
18 SEPTEMBER 2019

Please see the link below for more details
Banting Postdoctoral Fellowships
Specialising in Clinical Pain Management

Formal Degree Course (Online)

Endorsed by the International Society for the Study of Pain (IASP), this leading degree program provides advanced evidence-based and clinically relevant education in pain management for graduates in medicine, dentistry, nursing, physiotherapy, psychology and other allied health disciplines.

The program has been developed and is taught by The Faculty of Medicine and Health’s Pain Management Research Institute (PMRI), based at Royal North Shore Hospital and the The University of Sydney’s Kolling Institute.

The program is conducted entirely online and commences in March or August each year, with enrolments closing either late January or late June.

For dates & further information visit: sydney.edu.au/medicine/pmri/education

T: +61 2 9463 1516
E: paineducation@sydney.edu.au
Contemporary Rehabilitation
Knowledge Translation, Collaboration
and Community Engagement

RMSANZ2019
Rehabilitation Medicine Society of Australia and New Zealand 4th ASM
Sun 20 - Wed 23 October 2019 • Adelaide Convention Centre, SA

CONTACT
For further information or to complete an Expression of Interest visit:
DC Conferences Pty Ltd
P: +61 2 9954 4400
E: rmsanz2019@dcconferences.com.au

IMPORTANT DATES
ALL ABSTRACT SUBMISSIONS OPEN 10 DECEMBER 2018
CONCURRENT WORKSHOPS CLOSE 8 APRIL 2019
FREE PAPER AND POSTERS CLOSE 20 MAY 2019
ONLINE REGISTRATIONS OPEN MAY 2019

IMPORTANT DATES
ALL ABSTRACT SUBMISSIONS OPEN 10 DECEMBER 2018
CONCURRENT WORKSHOPS CLOSE 8 APRIL 2019
FREE PAPER AND POSTERS CLOSE 20 MAY 2019
ONLINE REGISTRATIONS OPEN MAY 2019

Delving into Pain in Vulnerable Populations
Professional Development One-Day Program
Friday 25 October 2019 • Sydney Masonic Centre

You are invited... We look forward to you attending this exciting and memorable program. We have combined the latest research with best practice recommendations to deliver a program that is engaging and relevant. The speakers are experts in their field and will cover a range of topics to help you develop your knowledge and skillset. This is your opportunity to learn from the best and extend your understanding of pain in vulnerable populations. Register now to secure your place.

Registration is NOW OPEN!
Registration Fees
Early Bird rate: for registrations up until Thursday 25 October 2018
Members: $170
Non-members: $235
For registrations from Friday 26 October 2018
Members: $190
Non-members: $250
CPO:
Caring for Professionals Developing: Skills

For more information contact: DC Conferences Pty Ltd
Email: events@dcconferences.com.au
Tel: 02 9954 4400 | Fax: 02 9954 4403

APIC2 The 2nd Asia Pacific Conference on Integrated Care will bring together researchers, clinicians, policy makers, industry, NGOs and consumer representatives from Australia and across the Asia-Pacific region. Led by colleagues at IFIC Australia, the Scientific Committee. Call for papers is now open until Friday, 28 June.

THEMES
Achieving Value for People and Populations
Implementing Integrated Care
Empowering and Engaging People and Communities
Integrated Care Innovations, Models and Systems
Evaluation, Monitoring and Quality Improvement
Improving People’s Health and Wellbeing through Integrated Care

Email: events@integratedcarefoundation.org
Web: www.integratedcarefoundation.org/apic2
Twitter: @IFICinfo

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Expressions of interest online at
For sponsorship and exhibition opportunities or more information please contact the APS Conference Secretariat
DC Conferences Pty Ltd
P: 61 2 9954 4400
E: aps2020@dcconferences.com.au

Submission Deadlines
Topical Sessions 1 October 2019
Free Papers & Posters 31 October 2019
Rising Star Award 31 October 2019
Early Bird Deadline 19 February 2020

Neuromodulation Society of Australia & New Zealand
14th Annual Scientific Meeting (NSANZ 2020)
Neuromodulation, Value Based Care

7-9 AUGUST 2020
 Sofitel Brisbane Central, Queensland

Cadaver Workshop
7 AUGUST 2020
QUT Medical Engineering Research Faculty, Brisbane

Neuromodulation Society of Australia & New Zealand
14th Annual Scientific Meeting (NSANZ 2020)
Neuromodulation, Value Based Care

7-9 AUGUST 2020
 Sofitel Brisbane Central, Queensland

Cadaver Workshop
7 AUGUST 2020
QUT Medical Engineering Research Faculty, Brisbane

NEW!

- **Chronic Pain:** Is Australian healthcare really helping people who have chronic pain? Radio National discussion on 23JUN19 [https://radio.abc.net.au/programitem/pgE7Pk0jIV](https://radio.abc.net.au/programitem/pgE7Pk0jIV)

OTHER ITEMS OF INTEREST FOR OUR MEMBERS:

- **New videos from NSW Health:** Working with Aboriginal People: [https://www.youtube.com/watch?v=AV4Muy7qekQ&feature=em-uploademail](https://www.youtube.com/watch?v=AV4Muy7qekQ&feature=em-uploademail)


- **Palliative Care Australia (PCA) and Australian Indigenous:** HealthInfoNet (HealthInfoNet) has launched a new Palliative Care and End-of-Life Resource Portal for the workforce who support Aboriginal and Torres Strait Islander peoples at Parliament House in Canberra. The palliative care and end-of-life portal is designed to assist health professionals who provide care for Aboriginal and Torres Strait Islander people, their families and communities: [https://healthinfonet.ecu.edu.au/learn/health-system/palliative-care/](https://healthinfonet.ecu.edu.au/learn/health-system/palliative-care/)

- **Painaustralia eNewsletter latest issue, available online at:** [http://www.painaustralia.org.au/media/enews](http://www.painaustralia.org.au/media/enews)


- **PainHEALTH website:** [http://painhealth.csse.uwa.edu.au/](http://painhealth.csse.uwa.edu.au/)

- **ANZCA/FPM Free Opioid Calculator** App: Smart phone app that converts opiates to milligrams of morphine, available for both iPhone and Android: [http://www.opioidcalculator.com.au](http://www.opioidcalculator.com.au)

- **Stanford University:** CHOIR Collaborative Health Outcomes Information Registry: [https://choir.stanford.edu/](https://choir.stanford.edu/)


- **Airing Pain:** Pain resources via an online radio show produced by Pain Concern, a UK registered Charity: [http://painconcern.org.uk/airing-pain/](http://painconcern.org.uk/airing-pain/)

  **At login:**
  **Username:** connectingcare,  
  **Password:** health

• **2017 Australia’s Health Tracker by Socio-economic status:** Released 28NOV17: [https://www.vu.edu.au/australian-health-policy-collaboration/publications#goto----------------australias-health-tracker-by-socioeconomic-status-------------=1](https://www.vu.edu.au/australian-health-policy-collaboration/publications#goto----------------australias-health-tracker-by-socioeconomic-status-------------=1)


• **IASP Statement on Opioids:** Approved February 2018: [https://www.iasp-pain.org/Advocacy/OpioidPositionStatement](https://www.iasp-pain.org/Advocacy/OpioidPositionStatement)

  This reference can also be found on the APS Position Papers webpage.

• **NSW Cannabis Medicines Advisory Service (CMAS):** Launched 29JAN18

  Fact Sheet on our website: [https://www.apsoc.org.au/PDF/Fact_Sheets/20180129_NSW-CannabisMedicinesAdvisoryService-CMAS_Fact_Sheet_FINAL.PDF](https://www.apsoc.org.au/PDF/Fact_Sheets/20180129_NSW-CannabisMedicinesAdvisoryService-CMAS_Fact_Sheet_FINAL.PDF)

  Service available: 9am-5pm Monday-Friday

  Hotline: (02) 4923 6200 or email: HNELHD-CMAS@hnehealth.nsw.gov.au

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**NPS MEDICINEWISE RESOURCES:**


• **Over the counter codeine – changes to supply:** [https://www.nps.org.au/medical-info/clinical-topics/over-the-counter-codeine-changes-to-supply](https://www.nps.org.au/medical-info/clinical-topics/over-the-counter-codeine-changes-to-supply)


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**TGA**

• **Codeine information hub:** [https://www.tga.gov.au/codeine-info-hub](https://www.tga.gov.au/codeine-info-hub)

NSW AGENCY FOR CLINICAL INNOVATION RESOURCES:


MEMBERS ONLY AREA OF APS WEBSITE:

• APS Plenary Recordings

  As an exclusive benefit to APS members, the following Plenary videos are now available for free access:

  - 2018 conference in Sydney
  - 2017 conference in Adelaide
  - 2016 conference in Perth

• Better Pain Management online learning modules

  APS members receive a 20% discount

• BPR SIG Expert Database

  Survey and Results

APS MEDIA RELEASES:

• Refer to our website for a full listing of media releases: [http://www.apsoc.org.au/Media](http://www.apsoc.org.au/Media)
### CURRENT SCHOLARS

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<td>Seqirus #1 — APS — APRA</td>
<td>Sherelle Casey</td>
<td>“Cannabinoids for neuropathic pain”</td>
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<td>Cops for Kids #2 — APS — APRA</td>
<td>Dr Tasha Stanton</td>
<td>“Reframe the pain: Dividing attention and altering memory to reduce needle pain and distress in children”</td>
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<td>Cops for Kids #3 — APS — APRA</td>
<td>Dr Nicole Andrews</td>
<td>“An evaluation of the usability of a paediatric version of the Pain ROADMAP app”.</td>
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### PAST SCHOLARS

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<td>APS #1-ApRA</td>
<td>Samantha South</td>
<td>1999</td>
<td>“Antinociceptive pharmacology of morphine and its major glucuronide metabolites”</td>
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<td>CSL #1-APS-APRA</td>
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<td>2004</td>
<td>“Antinociceptive properties of the neurosteroid alphadolone”</td>
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<td>CSL #2-APS-APRA</td>
<td>Anne Pitcher</td>
<td>2006</td>
<td>“Conditional comfort: A grounded theory study in nursing approaches to acknowledging and responding to pain in nursing home residents with dementia”</td>
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<td>PHD SCHOLARSHIP SPONSOR</td>
<td>SCHOLAR</td>
<td>COMPLETED</td>
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<tr>
<td>APS #2-APRA</td>
<td>Debbie Tsui</td>
<td>2008</td>
<td>“Preclinical studies in painful diabetic neuropathy”</td>
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<tr>
<td>Mundipharma #2-APRA</td>
<td>Zoe Brett</td>
<td>2011</td>
<td>“Individual differences in vulnerability to the development of chronic pain following injury”</td>
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<tr>
<td>APS #3-APRA</td>
<td>Susan Slatyer</td>
<td>2013</td>
<td>“Caring for patients experiencing episodes of severe pain in an acute care hospital: Nurses’ perspective”</td>
</tr>
<tr>
<td>APS #4-APRA</td>
<td>Amelia Edington</td>
<td>2013</td>
<td>“Defining inhibitor binding sites unique to the glycine transporter, GLYT2: A potential target for the treatment of chronic pain”</td>
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<td>Janssen Cilag #1-APRA</td>
<td>Mary Roberts</td>
<td>Due</td>
<td>“An investigation of the role of sleep in chronic pain”</td>
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<tr>
<td>Mundipharma #3-APRA</td>
<td>Audrey Wang</td>
<td>2017</td>
<td>“The cortical integration of tactile sensation in complex regional pain syndrome”</td>
</tr>
<tr>
<td>Janssen Cilag #2-APRA</td>
<td>Sarah Kissiwaa</td>
<td>2017</td>
<td>“Pain induced synaptic plasticity in the amygdala”</td>
</tr>
<tr>
<td>Cops for Kids #1 — APS — APRA</td>
<td>Dr Adrienne Harvey</td>
<td>2019</td>
<td>“A pilot study of gabapentin for managing pain in children with dystonic cerebral palsy”</td>
</tr>
</tbody>
</table>
**SENIOR PSYCHOLOGIST**

**Where:** Austin Pain Service, VIC  
**Job Reference:** 29713  
**Employment Status:** Permanent Part Time  
**Hours per week:** 22.8 hours per week / 3 days a week  
**Contact:** Francis Lagan, Team Leader  
(T: 03 9496 4609; E: francis.lagan@austin.org.au)  
**Applications Close:** 08AUG19  
Austin Pain Clinic, Melbourne, has an exciting opportunity for a Grade 4 Psychologist to join our Multidisciplinary Pain Service in a clinical and leadership role. The Pain Service is a small but dynamic team with a proud tradition of delivering high quality care. The position is a permanent, three day per week role.  
**Closing date for applications:** 8 August 2019.  
Please direct enquiries to Francis Lagan on 03 9496 4609 or francis.lagan@austin.org.au

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**CLINICAL PSYCHOLOGIST/CLINICAL PSYCHOLOGIST REGISTRAR**

**Where:** ACT Pain Centre, ACT  
**Employment Status:** Permanent Part Time/Full Time/ Contract  
**Hours per week:** Negotiable  
**Contact:** Kalpana Palaniyappa (T: 02 6195 0180; E: kpactpaincentre@gmail.com)  
**Applications Close:** 15SEP19  
ACT Pain Centre is looking for a full time/ part time Clinical Psychologist/ Clinical Psychologist Registrar to work as part of the multi-disciplinary team. Both permanent and contract positions available.  
- Previous experience in chronic pain is desirable but not essential.  
If you do not have experience working with chronic pain patients, we are happy to provide you with training as required (this will be discussed at your interview). Courses and training required to up skill your knowledge will be identified and approved by the clinic.  
**For Clinical Psychologist Registrar candidates, supervision will be arranged as required and further clinical skill development will be supported by funding for conferences and courses.**  
Please direct enquiries to – kpactpaincentre@gmail.com, Phone: (02) 6195 0180
NEW MEMBERS AT 29 JUL 2019

<table>
<thead>
<tr>
<th>TITLE</th>
<th>FIRST NAME</th>
<th>LAST NAME</th>
<th>DISCIPLINE GROUP</th>
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<tbody>
<tr>
<td>Ms</td>
<td>Gina</td>
<td>Kezelman</td>
<td>Physiotherapy</td>
</tr>
<tr>
<td>Ms</td>
<td>Ruth</td>
<td>Parker</td>
<td>Pharmacy</td>
</tr>
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</table>

CALENDAR OF EVENTS

12-14 Aug 2019
Dietitians Association of Australia, 36th National Conference
*More than meets the eye*
Gold Coast Conference and Exhibition Centre, Gold Coast, QLD

21-23 Aug 2019
2019 Australian & New Zealand Spinal Cord Society (ANZCoS) Annual Scientific Meeting
*SCI - Working Together Now & Tomorrow*
Pullman Melbourne Albert Park, Melbourne, VIC

4-7 Sep 2019
European Pain Federation EFIC 11th Congress
*Bringing the future to the present*
Feria Valencia, Valencia, Spain
[https://efic-congress.org](https://efic-congress.org)

10-13 Sep 2019
Palliative Care Australia and Hospice New Zealand
2019 Oceanic Palliative Care Conference
Perth Convention & Exhibition Centre, Perth, WA
[https://oceanicpallcare.com](https://oceanicpallcare.com)

20 Sep 2019
Pain Management Research Institute - The University of Sydney
*Clinical Skills Workshop - Dealing with emotionally challenging patient encounters*
Kolling Building, Royal North Shore Hospital, St Leonards, Sydney, NSW
20-24 Sep 2019
Australian Society of Anaesthetists
National Scientific Congress 2019
International Convention Centre, Sydney, NSW

3 Oct 2019
UQ RECOVER Injury Research Centre
Whiplash 2019: Expanding Horizons
University of Queensland, ViewPoint, Building 33, Brisbane, QLD

17-19 Oct 2019
Australian Physiotherapy Association
Transform 2019
Adelaide Convention Centre, Adelaide, SA
https://transform.physio

17-19 Oct 2019
Academy of Child & Adolescent Health
ACAH2019 Annual Conference
Hotel Grand Chancellor, Adelaide, SA
admin@acah.org.au

20-23 Oct 2019
Rehabilitation Medicine Society of Australia and New Zealand (RMSANZ) 4th Annual Scientific Meeting
Contemporary Rehabilitation: Knowledge Translation, Collaboration and Community Engagement
Adelaide Convention Centre, Adelaide, SA

24-26 Oct 2019
RACGP - GP19
Your patients. Your community. Your solutions.
Adelaide Convention Centre, Adelaide, SA
24-26 Oct 2019
Australian College of Rural and Remote Medicine (ACRRM) and Rural Doctors Association of Australia (RDAA)
*Rural Medicine Australia - RMA19 - Riding the wave of change*
The Star, Gold Coast, QLD
https://rma.acrrm.org.au

25 Oct 2019
Pain Interest Group Nursing Issues (PIGNI) Professional Development Day
*Delving into Pain*
SMC Conference & Function Centre, Sydney, NSW
https://dcconferences.eventsair.com/pigni2019/

11-13 Nov 2019
International Foundation for Integrated Care - IFIC Australia
*APIC2 - 2nd Asia Pacific Conference on Integrated Care*
Melbourne Convention and Exhibition Centre, Melbourne, VIC
https://integratedcarefoundation.org/events/apic2-2nd-asia-pacific-conference-on-integrated-care

22-24 Nov 2019
Australia New Zealand Headache Society
*ANZHS Scientific Headache Meeting*
Pullman on Albert Park, Melbourne, VIC
http://anzhs.org/index.php/events/

29 Nov 2019
Pain Management Research Institute - University of Sydney
*Descending the analgesic ladder: A landmark forum on opioid de-prescribing for chronic pain*
Taronga Centre, Taronga Zoo, Sydney, NSW

18-21 Mar 2020
New Zealand Pain Society Annual Scientific Meeting 2020
*Making the Connection - Cortex, Culture and Community*
Copthorne Hotel, Bay of Islands, New Zealand
https://www.nzccp.co.nz/events/conferences/new-zealand-pain-society-2020-conference/
5-8 Apr 2020
Australian Pain Society 40th Annual Scientific Meeting
In the IASP Global Year for the Prevention of Pain
Hotel Grand Chancellor, Hobart, TAS

7-9 Aug 2020
Neuromodulation Society of Australia & New Zealand (NSANZ) 14th Annual Scientific Meeting
Neuromodulation, Value Based Care
Sofitel Brisbane Central, Brisbane, QLD
https://dcconferences.eventsair.com/nsanz2020/
VISION:
All people will have optimal access to pain prevention and management throughout their life.

MISSION:
The Australian Pain Society is a multidisciplinary organisation aiming to minimise pain and related suffering through advocacy and leadership in clinical practice, education and research.

AIMS:
• To promote the provision of healthcare services for pain management
• To promote equity of access to pain management services
• To actively engage with key stakeholders and contribute to their activities
• To provide a contemporary forum to discuss issues relating to pain research and treatment
• To foster and support pain-related evidence-based research
• To share and promote the expertise of all disciplines involved in the treatment of pain
• To promote and facilitate evidence-based pain related education for health professionals and the community
• To promote the development and use of standards and outcome measures in everyday clinical practice
DIRECTORS

**PRESIDENT:**
Dr Anne Burke  
Central Adelaide Local Health Network, Royal Adelaide Hospital  
Adelaide SA 5000  
Tel: 08 8222 5403 | Fax: 08 8222 5904

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Gold Coast Primary Health Network  
Persistent Pain Program, QLD  
Tel: 0412 327 795 | Fax: 07 3539 9801

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Princess Alexandra Hospital  
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Email: michelle.harris2@sa.gov.au

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Tel: 08 8931 1029

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University of Sydney
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Website: www.apsoc.org.au

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