

The Australian Pain Society NEWSLETTER

Volume 37, Issue 7



► Editor's Note

Can you feel it yet? A new beginning is coming - the air is full of hope and growing activity. A revolution springs to mind: A pain revolution. Those of you who attended the 2017 Conference in Adelaide may have spotted the men and women in lycra arriving at the venue. New beginnings have blossomed into being noticed by the IASP and potentially taking this global - particularly in light of the [2018 Global Year for Excellence in Pain Education](#).

Our APS President, Fiona Hodson, also describes the new strategic priorities for our society, derived from the recent Board Strategic Planning Meeting.

Talking of going global, similar to our National Pain Week, Pain Awareness Month, an initiative of a coalition of organisations under the umbrella of Partners for Understanding Pain, lead by the American Chronic Pain Association, is expanding its reach around the globe this [September](#).

PhD Candidate Erin Brown's report reflects on her experience at the 11th International Symposium on Paediatric Pain in Kuala Lumpur and the true sense of community amongst clinicians. We also ask you to share the news of the second [Cops for Kids Clinical Research Grant](#), applications close 15OCT17.

As always, please find enclosed information on upcoming events, be sure not to miss the Faculty of Pain Medicine meeting in Torquay, VIC this month. Bring your board and '[Ride the next wave](#)'. International invited speaker, Dr Luis Garcia-Larrea, will be presenting on cortical integration of pain perception. Dr Garcia-Larrea is Research Director at the INSERM (National Agency for Medical Research in France). His main research interests are the cortical processing of somatic sensations, the diagnosis and prediction of neuropathic pain, and its therapy using cortical neurostimulation.

And if you fancy a new beginning of the professional kind, then have a look at the Positions Vacant listing.

Have a wonderful month!

Christin Bird
Assistant Editor





With each incoming president, the Australian Pain Society (APS) board holds a face to face Strategic Planning Meeting (SPM). This year it was held in Sydney on the weekend of 19th to 20th August. This opportunity provides both new and existing multidisciplinary board members to evaluate the previous APS board strategic priorities, feedback from APS membership survey and develop new priorities for the APS going forward for the next 2 years based on the clinical, research and political priorities related to pain.



This year the APS executive also had a unique opportunity to invite and meet the new PainAustralia

(PA) CEO Carol Bennett and Chairman Robert Regan to a "Pain Think Tank" afternoon planning discussion on Friday 18th August. Other invitees included the Dean, Vice Dean and representatives of the Faculty of Pain Medicine (FPM). This session provided a great opportunity for both the APS and FPM boards to hear directly from PA and to discuss their vision and strategic directions for pain management advocacy in Australia. It also allowed the APS and FPM an opportunity to discuss common interest and priority areas such as medicinal cannabis and codeine up scheduling issues in order to develop some key messaging opportunities with regards to government policy and media.



Over the weekend there was productive debate, discussion and planning of key pain related priorities for the society from its multidisciplinary board members: The objectives rated high and medium priority include:

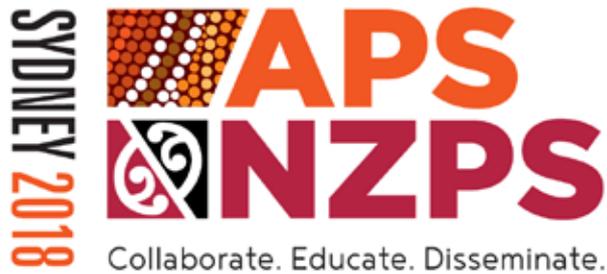
1. Clinical advocacy to federal and state governments for funding and recognition of pain through submissions, e.g.: MBS item review, National Strategic Framework for Chronic Conditions
2. Form an education sub-committee regarding key messaging and prevention
3. National Pain Strategy (NPS) refresh collaboration with FPM and PA
4. Improve linkages with primary care and medical specialists
5. Preparing a "Guiding Principles" document from the APS Vision statement

6. Managing codeine up scheduling and medicinal cannabis- through board representation and liaison with government
7. Publication of 2nd edition Australian Pain Society: Pain in Residential Aged Care Facilities Management Strategies Guidelines
8. Completion and analysis of the Waiting in Pain (WIP) 2 Project



A key focus of discussions over the weekend was around early risk identification and prevention management strategies to help prevent people from transitioning from acute to chronic pain. This will require the APS to continue to support PainAustralia to advocate for and lobby government for better access and funding of multidisciplinary evidence based pain management services and education across the tertiary public/private, community and primary care sector. There is also an opportunity for the APS to better engage the primary care sector via our Annual Scientific Meetings (ASM) regarding multidisciplinary pain content. This is where you as the membership can assist by submitting clinical content for inclusion at our ASM's: [http://www.dconferences.com.au/apsnzps2018/Topical Sessions](http://www.dconferences.com.au/apsnzps2018/Topical_Sessions)

In order to achieve other key priorities, the APS board will continue to work collaboratively with the Faculty of Pain Medicine (FPM), PainAustralia (PA) and utilise, when required, representatives from discipline specific organisations and societies on the



Australian Pain Society 38th and
 New Zealand Pain Society
 Conjoint Annual Scientific Meeting
 International Convention Centre Sydney
8 - 11 April 2018

***** ACT NOW *****
TOPICAL SESSION SUBMISSIONS
NOW OPEN!

In response to requests received by the Scientific Program Committee of the APS NZPS 2018, we would like to advise that the deadline for Topical Session submissions has been extended to:

MONDAY 11 SEPTEMBER 2017

View the [topical session submission guidelines](#)

Visit the [online topical session submission portal](#)

We look forward to receiving your submissions. Should you have any queries regarding your submission or the process, please contact the [Conference Secretariat](#)

<p>2018 Australian Pain Society 38th and New Zealand Pain Society Conjoint Annual Scientific Meeting International Convention Centre Sydney 8-11 April 2018</p> <p>Join us online - #anzpain18 Expressions of interest online at www.dconferences.com.au/apsnzps2018 For sponsorship and exhibition opportunities or more information please contact the APS NZPS Conference Secretariat DC Conferences Pty Ltd P 61 2 9954 4400 E apsnzps2018@dconferences.com.au</p>	<p>SUBMISSION DEADLINES</p> <p>Broadfoot Trust Prize 1 June 2017</p> <p>Topical Sessions 30 August 2017</p> <p>Free Papers & Posters 13 October 2017</p> <p>Rising Star Award 13 October 2017</p> <p>Early Bird Registration 23 February 2018</p> <p><i>Save the Date</i></p>
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Australian Pain Society 38th and
New Zealand Pain Society
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ABSTRACT SUBMISSION

Submissions now open!
Submission Deadline: Friday 13 October 2017

The Scientific Program Committee and Local Organising Committee for the 2018 Australian Pain Society 38th and New Zealand Pain Society Conjoint Annual Scientific Meeting are pleased to advise free paper and poster abstract submissions for APS NZPS 2018 are now open.

Please note the following points regarding the submission process:

- The submitting author **MUST** be the main author and the person who will present the work at the ASM.
- If your abstract is accepted, either as a free paper or poster, there is an expectation that you will attend the conference to present this paper.
- Expressions of Interest (EOI) for travel grant applications are also being collected as part of the submission process

EOI for PhD / Nurse / AHP Travel Grant Applications

Delegates wishing to apply for a PhD / Nurse / Allied Health Professional (AHP) travel grant must:

- be the major contributor and submitting author of the abstract,
- complete the PhD / Nurse / AHP Travel Grant section of the abstract submission process
- Complete and submit the travel grant application form

For further information, to ensure you meet the terms and conditions for travel grant applications and to complete the travel grant application form, please [click here](#)

To view the abstract submission guidelines please [click here](#)

To submit an abstract please [click here](#)

We look forward to receiving your submissions!



Australian Pain Society 38th and
New Zealand Pain Society
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RISING STAR AWARD APPLICATIONS NOW OPEN

The Rising Star Award showcases rising star pain researchers in Australia, and may be awarded annually subject to the application of suitable candidates. The Rising Star Winner will receive a return airfare, accommodation, and complimentary registration to attend the APS NZPS 2018, where they will present a plenary talk to showcase their work and ideas.

Applications are now open, for further information and to apply, please [click here](#)

Applications close: Friday 13 October 2017

Eligibility criteria

- Nominees must hold a PhD, and be within 5 years of conferral by the deadline of this award application.
- Applicants can be working in any field of pain research, including basic science, biomedical, clinical and other applied or cross- disciplinary sciences.
- The selection committee will take into account personal or extenuating circumstances that might provide grounds for consideration if the above eligibility criteria are not met.
- Only individual scientists are eligible (not research teams)
- Applicants must be available to attend APS NZPS 2018, and to deliver the Rising Star presentation
- Applicants must be members of the APS (join here <http://www.apsoc.org.au/join-the-society>)
- Australian citizenship/residency, currently working in Australia and have spent at least two post-doctoral years in Australia, or have returned to continue working in Australia.

Selection criteria

This award will be based on excellence in pain-related research achievement, demonstrated from the applicant's track record, including:

- Specific research achievements or discoveries
- Research impact/application
- Collaboration achievements – independent of your supervisor
- Publication record (quality and impact of publications; e.g., H-index, standing of journals, citations)
- Grants obtained (as a Chief Investigator)
- Patents held
- Peer recognition: Awards or prizes, national profile, international profile.

[For further information and to apply please visit the conference website](#)

We look forward to receiving your submission!

RECENT PUBLICATION - SEP17

Thank you to APS members Katherine Brain, Chris Hayes and Fiona Hodson and colleagues Tracy Burrows, Megan Rollo and Clare Collins for sharing the following recent publication:

POPULATION CHARACTERISTICS IN A TERTIARY PAIN SERVICE COHORT EXPERIENCING CHRONIC NON-CANCER PAIN: WEIGHT STATUS, COMORBIDITIES AND PATIENT GOALS

- Miss Katherine Brain; BNutr&Diet(Hons), APD
- A/Prof Tracy Burrows; BHSc(N&D), GCTT, PhD, AdvAPD
- Dr Megan E Rollo; BHSc(N&D), B AppSci, PhD, APD
- Dr Chris Hayes; BMed(Hons), FANZCA, FFPANZCA, MMed(PainMgt), Specialist Pain Medicine Physician
- Ms Fiona J Hodson; DipAppSci(Nurs), BHLthSci(Nurs), GradDip Pain Mgt for Nursing Clinicians, DipBus, Dip Project Mgt, Dip Government: PSP Gov 5054, Clinical Nurse Consultant Pain Management
- Prof Clare E Collins; NHMRC Senior Research Fellow, BSci, DipN&D, DipClinEpid, Phd, AdvAPD

Article first published online: 14 June 2017

Healthcare 2017 5(2), 28

DOI: 10.3390/healthcare5020028

Link: <http://www.mdpi.com/2227-9032/5/2/28>

ABSTRACT:

Aim

The aim of this study is to summarise and describe the demographics, pain characteristics, weight status, comorbidities and treatment goals of patients attending an Australian multidisciplinary chronic pain service. This study will identify the prevalence of overweight and obesity and explore patient treatment goals in a real-world clinical population. This will enable the identification of major nutrition-related issues, as reported by patients that could be used to inform appropriate treatment and the future development of tailored interventions.

Design

Descriptive cross sectional study

Setting

An Australian tertiary multidisciplinary pain service: Hunter Integrated Pain Service (HIPS).

Subjects

Patients were eligible if they attended HIPS between June – December 2014 and had successfully completed: 1) An Electronic Persistent Pain Outcomes Collaboration (ePPOC)

referral questionnaire and 2) A Pain Assessment and Recovery Plan (PARP). Patients also had to provide consent for their data to be used in research projects and this was identified by the response patients had given to the consent statement in the ePPOC referral questionnaire.

Methods

Data were extracted from both the ePPOC referral questionnaire and the PARP. All statistics were generated using Stata13 and descriptive statistics were reported as mean± standard deviation or response frequency and sample statistics reported using p-values.

Results

The ePPOC referral questionnaire was completed by 166 patients and the PARP by 153. The mean±SD patient age was 53±13 years and 57% patients were female, with almost 60% experiencing pain for >5 years. The top two most common comorbidities were osteoarthritis/ degenerative arthritis (25%) and depression/ anxiety (22%). Sixty-four percent of patients reported having ≥2 comorbidities.

The average±SD BMI was 31±7 kg/m² and the mean±SD waist circumference was 104±19.4cm.

RECENT PUBLICATION - SEP17

Seventy-eight percent of patients were classified as overweight or obese, which is 115% higher than national pain service data and 124% higher than data for the general population in the Hunter New England Local Health District.

The most frequent patient nominated treatment goals related to physical activity (39%), followed by nutritional goals (23%). From those who listed nutrition, 27% stated that they wanted to improve their overall diet, 47% chose a specific goal (e.g. reduce soft drink consumption, reduce portion sizes, increase vegetable intake) and 27% stated that they wanted to reduce their weight or waist circumference.

Conclusions

Traditionally, pain management programs have included physical, psychosocial, and medical, but not nutritional, interventions. By contrast, patients referred to HIPS were more likely to be overweight or obese compared to community norms of patients referred to other pain services in Australia. In addition, many patients expressed a desire to make nutrition-related lifestyle changes.

Implications/Discussion

Within a self-management approach, patients are able to initiate such changes themselves. However, the dietetic staff required to address this in a comprehensive way and support the nutritional change process are currently lacking. The addition of dietetic expertise to the routine workforce of a multidisciplinary pain team could support patient self-management in the area of nutrition and enable the development of pain specific, appropriate resources and outcome measures.

Declaration

Miss Katherine Brain is supported by the Australian Postgraduate Award and a Hunter Medical Research Institute Top up scholarship. A/Prof Tracy Burrows is supported by a University of Newcastle Brawn Fellowship. Prof Clare Collins is supported by a NHMRC Career Development Fellowship. Ms Fiona Hodson is the President of the APS. Dr Megan Rollo and Dr Chris Hayes have nothing to declare.



HAVE YOU HAD AN ARTICLE ACCEPTED FOR PUBLICATION THIS YEAR?

Reminder that we are keen that members inform us when they have publications so that this can be shared with your APS colleagues. Please send the newsletter editor (via the APS Secretariat, aps@apsoc.org.au) the title, authors and reference (i.e. the journal, volume etc.) of the article, preferably with a short explanatory note to give our readers the gist of the article, e.g. the conclusions part of the abstract; if you would like to supply a short commentary on the article, even better.

Christin Bird, Assistant Editor

As a former editor of the APS newsletter, I encourage members of the Basic Pain Research Special Interest Group (BPR SIG) to contribute articles to the newsletter: they will always be welcome.

The newsletter provides an opportunity for you to publicise the research you are doing. It's an opportunity to explain your work to readers who are intelligent and may have some knowledge of the field in which you are working. Some readers may not have detailed knowledge of your field, and so including information to improve knowledge of caveats regarding techniques used, and knowledge of the setting adds significance of the work being described. Such articles would undoubtedly strengthen links between the researchers of the APS and the clinical members of the APS. And I think it's probably always valuable for a researcher to stand back and think about the significance of their work.

Basic Pain Research



AUSTRALIAN PAIN SOCIETY
SPECIAL INTEREST GROUP

SPC FAREWELL AND THANK YOU

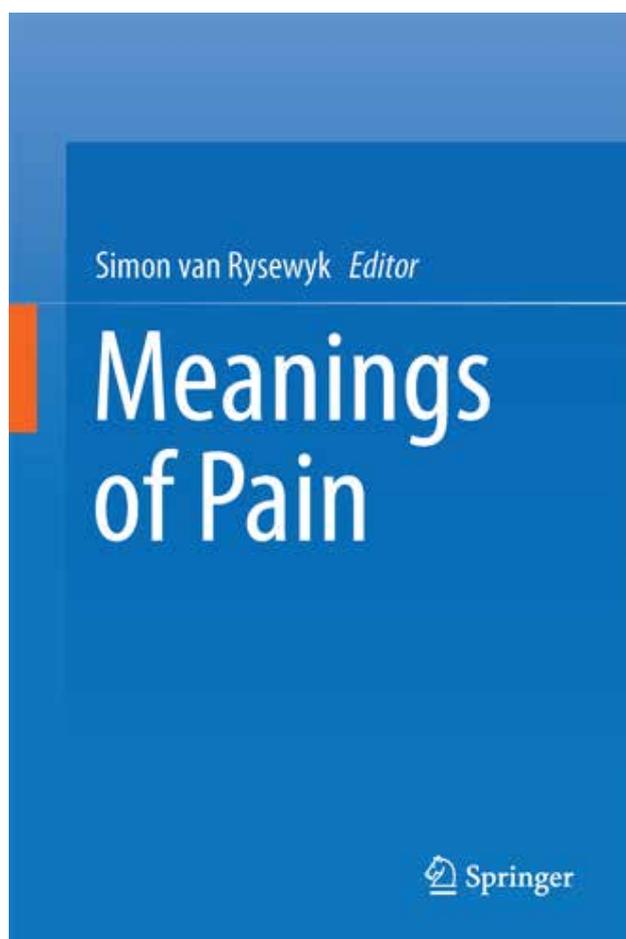
The APS Conference Scientific Program Committee (SPC) is bidding farewell to three key Committee members this year and would like to publically acknowledge their dedication and service.

Stepping down are Associate Professor Julia Hush of Macquarie University, Dr Malcolm Hogg of the Royal Melbourne Hospital and Dr Richard Sullivan from Precision Brain, Spine and Pain Centre.

The APS SPC appreciate the time they have each dedicated to this voluntary role. It has been a pleasure and delight to have them involved in the SPC over the last few years. Their contribution will be missed and we wish them all the best.

MEANINGS OF PAIN

Simon van Rysewyk, Editor ISBN 978-3-319-49022-9, <http://www.springer.com/gp/book/9783319490212#aboutBook>



This text is edited by Simon van Rysewyk, a medical writer, author and University Associate at University of Tasmania. The text is supported by 36 international contributors, from diverse research perspectives, such as health psychology, phenomenology, humanities, psychophysics, cognitive and behavioural neurobiology and psychiatry. It promises to be the first of its kind to provide an in-depth review of the research dedicated to the meaning of pain, especially in the real world context.

The target audience are clinicians, researchers, patients and caregivers. To date pain research has been dominated by scientists and clinicians concerned with the study of the neurobiological components of pain. Very few have explored

the interaction between the meaning, pain and neurobiological activity.

This text, over twenty-three chapters, seeks to address this imbalance. The opening chapters explain the rationale of the book in a well laid out manner, which is supported by recent and comprehensive references. It is argued, patients perceived meaning of life is often underestimated and therapy is aimed at the medical model, somewhat disregarding the real meaning to patients and highlighting the common complaint of patients of lack of opportunity to explore personal meanings of their pain with their healthcare professionals. This in turn denies patients the opportunity to tell their story, thus feeling not believed, which may be associated with excitation of the nociceptive system and increased pain. The objective nature of obtaining a diagnosis via chest X-ray versus the subjective nature of pain, is explored, as at times pain is viewed as an adjunct of a broken biomechanism rather than a disease in itself.

Currently there is hope and expectation that pain as a symptom can be diagnosed via brain imaging, thus replacing subjective measures. Rysewyk argues: 'Are we not missing the point?' What the patient feels and thinks matters as they are human beings, and should be treated as such. Neural plasticity and the malleability of pain, challenges old stereotypes of pain, explores the sensory experience of pain and acknowledges neural and psychological activity. This concept has become so complex and connected that science is struggling to describe its findings, citing one of the most striking phenomena associated with pain: phantom limb pain, where there is no stimulation at the peripheral receptor, yet there is a central response.

Neuroscience has made significant progress in understanding the neural processes involved, but science continues to ignore the emotional aspect of pain. It is concluded a multidisciplinary approach

is needed, but more importantly research into the relationship between the brain and its correlation to the environment. Research into emotions, consciousness and the mind and the environment may resolve the problem of chronic pain.

New technological breakthroughs to the neuroscientific research of pain communication explores the use of technology, highlighting tools such as affective computing and virtual reality as complementary and feasible methods, hoping these research initiatives may provide a greater understanding and therefore promote more empathetic behaviour in clinical contexts.

Attention is drawn to the widely recognised difficulty in recognising the experience of an invisible condition. Research into behaviour and into their explanation is discussed, attempting to tie in pain ratings and observed behaviour, only reinforcing that no 'third person' can accurately and entirely explain the pain of another, thus remaining a subjective report. Can the lived-experience of pain be expressed and shared? This lived experience affects the patient's body, and physicians conceptualise the meaning with physical signs and symptoms that disrupt normal functioning. This represents different realities for patients and physicians. Through dialogue alone this gap could be overcome and effective treatment could be offered.

The text is an interesting read with in-depth referencing. The content is comprehensive, complex and the approach new. The meanings of pain are explored from many different angles, including philosophical, phenomenological approach, social and ethical perspectives and challenges the current use of animal-based translational research for chronic pain treatments.

This is a 'must have book' for those looking after patients with chronic pain, however it may present a challenge to the lay person (patient and caregivers). It is an excellent first publication to express the

difficulty clinicians experience in describing and interpreting something invisible from a scientific and philosophical point of view, highlighting the need for further research.

About Simon van Rysewyk



Simon van Rysewyk received his PhD (Philosophy) at the University of Tasmania in 2013. He did a post-doc in Taiwan for a year before working as a medical writer in Singapore. Currently based at Royal Rehab in Sydney as Communications Manager for Brain Injury Australia, Simon is also an Adjunct Researcher at the University of Tasmania.

**SYDNEY
2018**



Collaborate. Educate. Disseminate.

PRE-CONFERENCE WORKSHOP PICK'N' MIX

Just like the old-school Milk Bar, you have the option to pick 'n' mix your pre-conference workshop selection. For example, you may want to attend the Fundamentals of Pain Workshop in the morning and then head over to the Pain in Childhood afternoon session. This gives you the freedom to customise your conference experience.

Morning Workshops

- Acute Pain (AM)
- Pain in Childhood (AM)
- Basic Pain Research
- Fundamentals of Pain

Afternoon Workshops

- Acute Pain (PM)
- Pain in Childhood (PM)
- Pharmacology in Pain Management
- Physiotherapy in Pain Management
- Pain Toolkit – Run by Pete Moore

Date: Sunday 8 April 2018

Venue: International Convention Centre, Sydney

Website: [http://www.dconferences.com.au/apsnzps2018/Pre-Conference Workshops](http://www.dconferences.com.au/apsnzps2018/Pre-Conference_Workshops)

Further information coming soon, in the meantime make sure to SAVE THE DATE.

SCHOLARSHIP FEATURE

Current Scholars

PhD Scholarship Sponsor	Seqirus #1-APS-APRA
Scholar	Sherelle Casey
Topic	<i>"Cannabinoids for neuropathic pain"</i>
Clinical Research Grant	Cops for Kids #1-APS-APRA
Scholar	Dr Adrienne Harvey
Topic	<i>"A pilot study of gabapentin for managing pain in children with dystonic cerebral palsy"</i>

Past Scholars

PhD Scholarship Sponsor	APS #1-APRA
Scholar	Samantha South
Completed	1999
Topic	<i>"Antinociceptive pharmacology of morphine and its major glucuronide metabolites"</i>
PhD Scholarship Sponsor	CSL #1-APS-APRA
Scholar	Lara Winter
Completed	2004
Topic	<i>"Antinociceptive properties of the neurosteroid alphadolone"</i>
PhD Scholarship Sponsor	CSL #2-APS-APRA
Scholar	Anne Pitcher
Completed	2006
Topic	<i>"Conditional comfort: A grounded theory study in nursing approaches to acknowledging and responding to pain in nursing home residents with dementia"</i>
PhD Scholarship Sponsor	Mundipharma #1-APS-APRA
Scholar	Kathryn Nicholson Perry
Completed	2007
Topic	<i>"Pain Management Programmes in Spinal Cord Injury: Cognitive Behavioural Pain Management Programmes in the Management of Sub-acute and Chronic Spinal Cord Injury Pain"</i>
PhD Scholarship Sponsor	APS #2-APRA
Scholar	Debbie Tsui
Completed	2008
Topic	<i>"Preclinical studies in painful diabetic neuropathy"</i>
PhD Scholarship Sponsor	Mundipharma #2-APS-APRA
Scholar	Zoe Brett
Completed	2011
Topic	<i>"Individual differences in vulnerability to the development of chronic pain following injury"</i>

SCHOLARSHIP FEATURE

Past Scholars

PhD Scholarship Sponsor Scholar Completed Topic	APS #3-APRA Susan Slatyer 2013 <i>"Caring for patients experiencing episodes of severe pain in an acute care hospital: Nurses' perspective"</i>
PhD Scholarship Sponsor Scholar Completed Topic	APS #4-APRA Amelia Edington 2013 <i>"Defining inhibitor binding sites unique to the glycine transporter, GLYT2: A potential target for the treatment of chronic pain"</i>
PhD Scholarship Sponsor Scholar Completed Topic	Janssen Cilag #1-APS-APRA Mary Roberts Due 2017 <i>"An investigation of the role of sleep in chronic pain"</i>
PhD Scholarship Sponsor Scholar Completed Topic	Mundipharma #3-APS-APRA Audrey Wang Due 2017 <i>"An investigation of the role of the brain in recovery from CRPS, using fMRI"</i>
PhD Scholarship Sponsor Scholar Completed Topic	Janssen Cilag #2-APS-APRA Sarah Kissiwaa Due 2017 <i>"Pain induced synaptic plasticity in the amygdala"</i>
PhD Scholarship Sponsor Scholar Completed Topic	APS #5-APRA James Kang Due 2017 <i>"Epigenetic influence in cognitive impairments in chronic neuropathic pain"</i>



THE
AUSTRALIAN
PAIN SOCIETY



ANNOUNCING THE APS/APRA/CFK CLINICAL RESEARCH GRANT #2

The [Australian Pain Society](#) (APS) is a multidisciplinary organisation aiming to relieve pain and related suffering through advocacy and leadership in clinical practice, education and research.

The [Australian Pain Relief Association](#) (APRA) is a registered charity with the Australian Taxation Office and works closely with the APS to support education and research in pain.

[Cops for Kids](#) (CFK) is a South Australian based charity focused on supporting initiatives that strive to improve the lives of children in that state. Part of the CFK mandate includes the provision of funds for research to assist in the care of sick children and/or enhance the life quality of a child.

APS/APRA are pleased to announce our partnership with Cops For Kids, for the second [Clinical Research Grant Program](#)

In brief, the award is to enable clinical research meeting the following criteria:

- Approach a meaningful conclusion in one year
- Conducted in Australia and must be relevant to the South Australian population
- The applicant must be an Australian citizen or permanent resident
- The applicant and their supervisor (if applicable) must be members of the Australian Pain Society and its Pain in Childhood Special Interest Group
- The funded project can be related to any aspect of a childhood pain complaint - including theoretical, mechanistic, diagnostic, treatment, epidemiological and/or sociological approaches; and
- The grant funding will be paid quarterly in arrears upon the submission and acceptance of a combined Progress Report-Acquittal Form

Further information about the Clinical Research Grant can be obtained from APRA via the APS Secretariat.

[Clinical Research Grant Application](#) forms are available online and must be submitted by: **5pm on Sunday 15 October 2017.**

The charm of Kuala Lumpur was not missed: The food, weather, sights and sounds were a sensory experience, and contributed to a fantastic 11th International Symposium on Pediatric Pain (ISPP).

ISPP began with an Education Day with some of the 'greats' sharing about their contributions to the paediatric pain field. For example, Maria Fitzgerald considered the question, 'do infants feel pain'? (more complex than I realised!). Carl von Bayer discussed the state of measuring pain in children (we must remember that self-ratings are *relative rather than absolute!*). Lindsay Cohen reiterated the need for evidence-based practice in paediatric pain.



Rikard Wicksell from Sweden shared data on using Acceptance Commitment Therapy (ACT) with parents of children with chronic pain: When chronic pain makes your world smaller, ACT helps to increase your world again, despite the pain. To contrast, Stefan Friedrichdorf entertained us while teaching about reducing pain using integrative (alternative) means, and moving from interdisciplinary teams to a transdisciplinary teams. From both talks, it was evident that pain is complex and therefore our approach to treating pain must also be multi-faceted.

Christine Chambers advocated for increasing parent knowledge regarding pain management: "Parents don't know necessarily, what we know about managing child's pain". Her team's work in translating research is admirable!

The welcome reception was a great night of meeting fellow delegates around platters of tasty local cuisines.

The keynote speakers shared a wealth of knowledge, from pain circuits from Mark Baccei, to lessons from Dr Seuss on paediatric analgesia from Gary Walco (a person's a person, no matter how small!). Our own Lorimer Moseley shared about chronic pain, and Dilip Pawar discussed the challenges of low-resource settings.

The opening ceremony was impressive, with drummers, dragon dancers, and the Malaysia Minister for Health giving the official welcome! Malaysia boasts of a "no child in pain" policy in the hospitals. What a both challenging and admirable stance! Malaysian hospitality was strongly felt: The attention to detail, and pride for their country and culture was evident. The dragon dancers were particularly cheeky, picking on certain members of the audience!



On Saturday morning, Laura Simons and Maria Fitzgerald were rightly celebrated for their contributions to the field, as Early and Distinguished Researchers, respectively.

The conference dinner was delightful! Through a convenient connection with the Organising Committee, we were given a private performance from a stand-up comedian, which brought the house down.

The symposia and poster sessions were well represented, with a plethora of topics ranging from preclinical to clinical studies across developmental

stages, and with procedural, post-operative, and chronic populations. The best posters were given the plenary platform to share their findings with the delegates.

On the final day, we gathered to watch a film festival, a celebration of the progress in our field, and artistic encouragement that there is more work to be done.

Throughout the course of the conference, I met many friendly fellow students from countries including Ireland, Canada, Belgium, USA, and England. As future pain leaders, I look forward to keeping and contact, and collaborating with these researchers!



I was privileged to attend and present at ISPP. I learnt so much, and my studies are richer for it. I was impressed at the sense of community that this international group shared. Thank you to UQ School of Psychology, and to the IASP Pain in Childhood SIG's financial aid for trainee workshop presenters, for supporting my attendance.

ABOUT ERIN BROWN

Erin Brown is undertaking her PhD at the University of Queensland, investigating the role of parent psychological distress on child pain during paediatric burn dressing changes.





Photo L to R: Geoffrey Speldewinde, Lorimer Moseley and Fiona Hodson at the Pain Revolution 2017 arrival in Adelaide

PAIN REVOLUTION 2017 SAW US DEPART MELBOURNE A WEEK BEFORE THE APS ADELAIDE MEETING. WE TOOK IN BALLARAT, LORNE, WARRNAMBOOL, MT GAMBIER AND MURRAY BRIDGE. HERE ARE SOME STATS:

During the week:

- 1,400 in-person engagements (350 health professionals, 900 community participants, 56 community VIPs)
- 26 media interviews
- 890 individual donors raising \$80,000
- about 750,000 people engaged with us via social media
- estimated over 1 million via television (e.g. National Nine News 5.30 and 7pm editions and the ABC Ask the Doctor programme).

After the event:

We had over 1,500 contacts from people who live on or close by our 2017 route and were seeking care, all of whom have been referred to local contacts we made during the Pain Revolution. Pain Revolution has been approached by numerous regional centres

and by international bodies to consider expanding the concept internationally, particularly in light of the 2018 Year of Pain Education. We have indicated that we will assist anyone else's attempt to get it started. I am advising people in California, New York State, UK and Austria about this. To get a feel for the 2017 cycling component and some reflections (or to whet your appetite to ride in 2018!), you can view a 5 minute video here: <https://vimeo.com/225503061/c493c96081>

Here is what we are doing with the money:

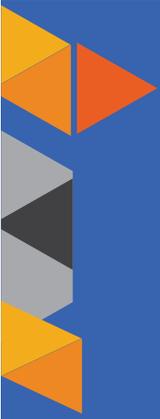
We have appointed a Pain Revolution Project officer who has commenced implementation of our vision, which is to upskill and train rurally based 'Local Pain Educators', who then work within their community to educate health professionals and community and promote best practice biopsychosocial care. Training includes theory and practice components, ongoing weekly mentoring and regular audit and feedback. This is a small beginning, which reflects our budget, but our vision is grand. We are currently engaging local communities in the target locations for 2018: Wollongong, Moss Vale, Canberra, Cooma/Jindabyne and Albury/Wodonga.

We will fully evaluate our attempts via empirical methods. We now have three honours students doing projects on Pain Revolution.

Cycling Onward:

We look forward to further collaborating with the APS in 2018 and are pleased to learn that the APS Board, at their recent Strategic Planning Meeting, committed to again sponsor the Pain Revolution Ride for 2018.

We will be departing from the APS Annual Scientific Meeting in Sydney on Wednesday 11 April 2018. If you would like to learn about how you can get involved or join us for an amazing cycling and outreach experience, helping us to raise money for more Local Pain Educators, please contact angie.clerc-hawke@unisa.edu.au.



The 'APS Member Conversations' Facebook page is HERE!

Dear Members,

You asked for a way to communicate with each other across the year, outside of the Annual Scientific Meeting.

You said that you wanted opportunities to:

- connect with other APS colleagues
- share new learnings
- stay up to date with APS events and resources
- participate in a forum where you can chat about all things pain-related

Well, now you can. We're thrilled to announce that the inaugural 'APS Member Conversations' Facebook page is now live!

To join, simply login to Facebook and request to join 'Australian Pain Society Member Conversations' or click on <https://www.facebook.com/groups/1668619116502384/#>

Once your request has been approved (allow up to 3 working days), please take the time to read the guidelines on posting and commenting.

See you online!

James Douglas & Alla Melman
Australian Pain Society Member Conversations Moderators



ACI NSW Agency
for Clinical
Innovation

Pain in the Older Person

The NSW Agency for Clinical Innovation is currently prioritising pain in the older person as an area of interest.

There has been much work done in this area and we are aiming to avoid duplication, support and align work with existing resources.

A key focus for the work will be the development of tools and resources to support the management of older people with chronic pain in the hospital environment, Residential Aged Care facilities and the community.

A series of focus groups will be undertaken in NSW to identify gaps and areas of need for community, hospital and residential care workers.

If you have developed resources, or are interested in this work, please contact Jenni Johnson, Network manager NSW ACI on 02 9464 4636 or jenni.johnson@health.nsw.gov.au



NOMINATION FOR AUSTRALIAN PAIN SOCIETY DISTINGUISHED MEMBER AWARD – 2018

The Board of Directors is seeking nominations from all APS members for candidates to be considered for the Distinguished Member Award/s to be presented at the APS 38th and NZPS Conjoint Annual Scientific Meeting to be held in Sydney from 8-11 April 2018.

Eligibility criteria:

Candidates must be Australian Pain Society member/s who have:

- Made major contribution towards the Society, **and**
- Significantly contributed to the science of pain management, **and/or**
- Played a significant clinical, educational or research role in the field of Pain Management in Australia.

Nomination Guidelines:

- A 'Nomination for Distinguished Member Award' form must be completed (refer following page)
- As a guide, it is desirable that nominees have held continuous APS membership for over 10 years
- Nominations must include an 800-900 word biography of the nominee. The Board will not consider incomplete nomination forms
- Unsuccessful nominations are not automatically put forward in subsequent years
- The nominator must be prepared to present a brief summary of the Distinguished Member biography in the ASM program, or arrange a suitable alternate for the presentation segment.

Submission

- All nominations to be submitted to the [APS Secretariat](#) by 31 October 2017.

Notification:

- The APS Board will notify successful nominees by 31 December 2017
- Distinguished Member recipients are actively encouraged to attend the Annual Scientific Meeting in order to receive their award in person from the APS President.

A listing of past recipients of the [Distinguished Member Award](#), including their biographies, can be found on the APS website.

RMSANZ 2017

**The Leading Edge:
Innovations in Rehabilitation Medicine**

National Convention Centre Canberra
17-20 September 2017

Rehabilitation Medicine Society
of Australia and New Zealand 2nd ASM

RMSANZ

REGISTER NOW

W: www.dccconferences.com.au/rmsanz2017

E: rmsanz2017@dccconferences.com.au

P: 02 9954 4400

Transcending pain: Ride the next wave

September 22-24, 2017

The Faculty of Pain Medicine is pleased to invite you to the 2017
Spring Meeting in Torquay, the surfing capital of Australia.

Our 2017 meeting "Transcending pain: Ride the next wave" will offer plenary sessions on consciousness and pain, the prediction and detection of neuropathic pain, cortical integration of pain perception and surgery as placebo. This dynamic three-day event will also include key sessions on acute pain, cancer pain and euthanasia. It will be structured to facilitate enhanced audience participation and offer workshops for delegates.

For the first time we have a European international invited speaker, Dr Luis Garcia-Larrea. He is currently the Research Director at INSERM (National Agency for Medical Research, France), and Head of the "Central Integration of Pain in Humans" (NeuroPain) Lab at the Centre for Neuroscience of Lyon. His main research interests are the cortical processing of somatic sensations, the diagnosis and prediction of neuropathic pain, and its therapy using cortical neurostimulation.

For further information, please contact the conference organiser Eleni Koronakos on +61 3 9510 6299 or fpm@anzca.edu.au.

I look forward to welcoming you to Torquay.

Dr Jacquelyn Nash, Convenor



FOR ALL HEALTH PROFESSIONALS WHO ENGAGE WITH PEOPLE EXPERIENCING PAIN

OUR SEVENTH INTER-PROFESSIONAL WORKSHOP

"MAKING SENSE OF PAIN" IS NOW OPEN FOR REGISTRATION

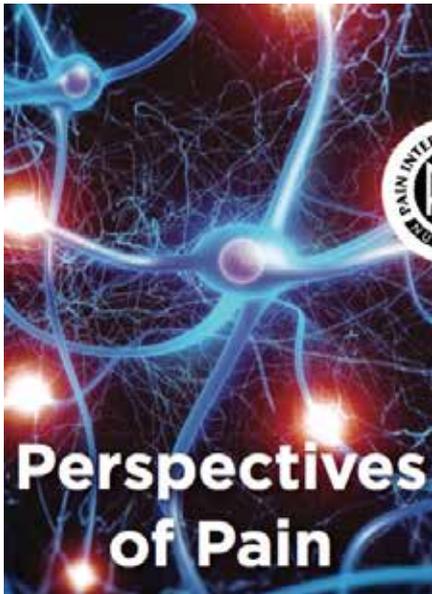
For Details and on-line Registration: <https://www.arthritiswa.org.au/events/details/id/247/>

Date: Thursday 21st - Friday 22nd SEPTEMBER 2017

Venue: Wyllie Arthritis Centre, 17 Lemnos St, SHENTON PARK WA 6008

Contacts: Melanie Galbraith, melanie.galbraith@biosymm.com

or John Quintner, jqu33431@bigpond.net.au



Registrations Now Open

Pain Interest Group Nursing Issues

Annual Professional Development Day

2017

Friday 27 October 2017 | Sydney Masonic Centre, Sydney NSW

The theme *Perspectives of Pain* will cover a varied program with local and national experts addressing evolving issues in acute and chronic pain. The day provides an opportunity to network and meet others interested in pain management.

For Further Information please contact DC Conferences Pty Ltd

W: www.dconferences.com.au/pigni2017

E: pigni2017@dconferences.com.au | T: 02 9954 4400



1st Asia Pacific Conference
on Integrated Care
6-8 November 2017 | Brisbane, Australia



Inspiring new ideas
and stronger partnerships for improving population health



ANZSCoS 2017

15-17 November 2017
Brisbane Convention & Exhibition Centre
www.dconferences.com.au/anzscos2017



PLACEBO SYMPOSIUM 2017

Harnessing
placebo
mechanisms to
improve clinical
outcomes

A unique, clinically-focused international
symposium featuring experts from Germany,
USA, Portugal, and Australia.

Manly Beach | Sydney, Australia
17-18 November 2017



AusACPDM 2018

Empowerment and Partnership
21-24 March 2018 | The Langham | Auckland NZ



AusACPDM

Australasian Academy of Cerebral Palsy
and Developmental Medicine

www.ausacpdm.org.au

**SAVE
THE DATE**



nsanz

Neuromodulation Society
of Australia and
New Zealand



ins

A chapter of the International Neuromodulation Society

**13th Annual
Scientific Meeting**

7 – 8 April 2018

International Convention
Centre, Sydney

Expressions of interest online at www.dconferences.com.au/nsanz2018

For sponsorship, exhibition or more information contact the NSANZ Conference Secretariat

DC Conferences Pty Ltd | P 61 2 9954 4400 | E nsanz2018@dconferences.com.au

NSANZ is pleased to announce its 2018 keynote speakers –
Professor Julie Pilitsis, neurosurgeon from the University of
Massachusetts, USA and **Professor Frank Huygen**, anaesthesiologist
from the University Hospital Rotterdam, the Netherlands.

www.dconferences.com.au/nsanz2018

**KEY
DATES**

Poster submission opens	1 September 2017
Poster submission deadline	27 October 2017
Registration opens	1 November 2017
Early Bird deadline	23 February 2018

SYDNEY
2018



Collaborate. Educate. Disseminate.

2018 Australian Pain Society 38th and
New Zealand Pain Society Conjoint Annual Scientific Meeting

International Convention Centre Sydney | 8-11 April 2018

Join us online - #anzpain18

Expressions of interest online at www.dconferences.com.au/apsnzps2018

For sponsorship and exhibition opportunities or more information please
contact the APS NZPS Conference Secretariat | DC Conferences Pty Ltd

P 61 2 9954 4400 | E apsnzps2018@dconferences.com.au

SUBMISSION DEADLINES

Broadfoot Trust Prize **1 June 2017**

Topical Sessions **30 August 2017**

Free Papers & Posters **13 October 2017**

Rising Star Award **13 October 2017**

Early Bird Registration **23 February 2018**

Save the Date



ITEMS OF INTEREST FOR OUR MEMBERS

- **Painaustralia eNewsletter latest issue**, available online at <http://www.painaustralia.org.au/media-news/e-news.html>
- **ePPOC: electronic Persistent Pain Outcomes Collaboration**
For more information about ePPOC, refer to the website: <http://ahsri.uow.edu.au/eppoc/index.html>
- **Indigenous health education and guides** <http://www.humanservices.gov.au/health-professionals/subjects/indigenous-health-education>
- **PainHEALTH website** <http://painhealth.csse.uwa.edu.au/>
- **Pain Series**
An excellent series of articles run late 2015 by The Conversation: <https://theconversation.com.au/topics/pain-series>
- **Low Back Pain (LBP) in Aboriginal Australians**
A very informative series of 5 videos developed by WA Centre for Rural Health about low back pain in Aboriginal Australians: <https://www.youtube.com/playlist?list=PLGsL0Kp0YWFwUly-Ki1oCG7NwFucLFyVJ>
- **ANZCA/FPM Free Opioid Calculator App**
Smart phone app that converts opiates to milligrams of morphine, available for both iPhone and Android: <http://fpm.anzca.edu.au/Front-page-news/Free-Opioid-Calculator-App>
- **Stanford University**
CHOIR Collaborative Health Outcomes Information Registry: <https://choir.stanford.edu/>
- **Global Year Against Pain After Surgery**
See information and resources on our website: <http://www.apsoc.org.au/global-year-against-pain>
- **Opioid Podcasts for GPs**
20 week series from the Hunter Postgraduate Medical Institute: <http://www.gptraining.com.au/recent-podcasts>
- **Airing Pain**
Pain resources via an online radio show produced by Pain Concern, a UK registered Charity: <https://audioboom.com/channel/airingpain/episodes>
- **National Strategic Framework for Chronic Conditions**
Final report released 22MAY17: <http://www.health.gov.au/internet/main/publishing.nsf/Content/nsfcc>
- **Podcast: Pain Science and Sensibility Episode 24: Trigger Points, the “Third Space”, and the Merit of Pain Theories with Dr Milton Cohen**
Recorded on 01JUN17: <http://ptpodcast.com/pain-science-and-sensibility-episode-24-trigger-points-the-third-space-and-the-merit-of-pain-theories-with-dr-milton-cohen/>
- **ABC TV “Ask the Doctor”, Series 1, episode 5: Pain**
Broadcast 13JUN17, available until 02SEP20: <http://iview.abc.net.au/programs/ask-the-doctor/DO1625V005S00>
- **ABC Lateline: Australians’ addiction to prescription opioids soaring**
Broadcast 23JUN17: <http://www.abc.net.au/lateline/content/2016/s4690991.htm>

HEALTH CARE HOMES

- **Health Care Home resources:** <http://www.health.gov.au/internet/main/publishing.nsf/Content/health-care-homes#one>
- **Update 10MAY17:** <http://healthcarehomes.cmail19.com/t/ViewEmail/r/7237191369B-01B262540EF23F30FEDED/1FA9272E4DDC-2B64A29558A201773426>

CHRONIC PAIN ARTICLES FEATURED IN AUG16 INPSYCH (VOL 38, ISSUE 4)

- **'The psychology of chronic pain' by A/Prof Kathryn Nicholson Perry:** <http://www.psychology.org.au/in-psych/2016/august/nicholsonperry/>

- 'Preventing disabling chronic pain by engaging psychologists in the acute phase' by Prof Michael Nicholas: <http://www.psychology.org.au/inpsych/2016/august/nicholas/>
- 'Intensive pain programs: A reflection on what makes them work and for whom?' by Dr Michael Shelley: <http://www.psychology.org.au/inpsych/2016/august/shelley/>

AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE (ACSQHC) RESOURCES:

- **The Second Australian Atlas of Healthcare Variation 2017, released 07JUN17:** <https://www.safetyandquality.gov.au/atlas/atlas-2017/>
- **Online interactive Second Australian Atlas of Healthcare Variation 2017, released 07JUN17:** <http://acsqhc.maps.arcgis.com/apps/MapAndAppGallery/index.html?appid=fd3b04ebeb3934733b7ecb8514166c08f>
- **Australian Atlas of Healthcare Variation released 26NOV15:** <http://www.safetyand-quality.gov.au/atlas/>
- **Chapter 5: Opioid medicines:** <http://acsqhc.maps.arcgis.com/apps/MapJournal/index.html?appid=4d683b6e1df04a658cfd3a3fb9c46f24>
- **Online interactive Australian Atlas of Healthcare Variation released NOV16:** <http://acsqhc.maps.arcgis.com/home/index.html>

NPS MEDICINEWISE RESOURCES

- **Chronic Pain edition issued 01JUN15:** <http://www.nps.org.au/publications/health-professional/nps-news/2015/chronic-pain> and https://www.nps.org.au/medical-info/clinical-topics/news/chronic-pain?utm_medium=twitter&utm_source=17-07-24&utm_campaign=pain&utm_content=pain-week-MN#key-points

- **Choosing Wisely Australia – News & media:** <http://www.choosingwisely.org.au/news-and-media>

NSW AGENCY FOR CLINICAL INNOVATION RESOURCES:

- **A Framework for working effectively with Aboriginal people, NOV13:** <http://www.aci.health.nsw.gov.au/about-aci/cultural-respect>
- **Pain Management Network Multicultural report 2015:** https://www.aci.health.nsw.gov.au/_data/assets/pdf_file/0006/281067/Pain_Management_Network_Multicultural_report_2015.pdf
- **Brainman and Pain Tool Kit translations, SEP15:** <http://www.aci.health.nsw.gov.au/chronic-pain/translated-resources>
- **Pain Management Resources:** <http://www.aci.health.nsw.gov.au/resources/pain-management>
- **Quick Steps to Manage Chronic Pain in Primary Care:** <http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/quick-steps-to-manage-chronic-pain-in-primary-care>
 - **Built into Quicksteps: “How to de-prescribe and wean opioids in general practice”:** <http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/quick-steps-to-manage-chronic-pain-in-primary-care/how-to-de-prescribe-and-wean-opioids-in-general-practice>
- **A list of helpful apps for consumers and clinicians now available at:** <http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/management-of-chronic-pain>

MEMBERS ONLY AREA OF APS WEBSITE:

- **APS 2016 Plenary Recordings:** As an exclusive benefit to APS members, the following Plenary videos are now available for free access:

- 2017 conference in Adelaide
- 2016 conference in Perth.
- **Centric Wealth Newsletters:** APS member funds are invested with Centric Wealth. Market reports are available on the Members Only Area of our website.

APS MEDIA RELEASES:

- Refer to our website for a full listing of media releases: <http://www.apsoc.org.au/Media>
- Our next conference will use the Twitter hashtag: #auspain2018

2017 ANNUAL SCIENTIFIC MEETING, ADELAIDE - MEDIA COVERAGE:

- Refer to Twitter hashtag: #auspain2017

1. Pain Revolution 2017 videos:

- 09APR17 – Prof Lorimer Moseley and fellow cyclists’ arrival at Adelaide Convention Centre:** https://www.youtube.com/watch?v=dS7-DBTvX5I&list=PLGsL0Kp0YWFx0i9LkgSYCYdz9_wpG_-Zq

2. Chronic Pain:

- 30MAR17 – Dr Ivan Lin (UWA), ABC mid west WA:** <https://soundcloud.com/user-857774869/dr-ivan-lin-31st-march-air>
- 31MAR17 - Anne Burke et al, online article SBS News:** <http://www.sbs.com.au/news/article/2017/03/25/pain-clinics-helping-turn-around-prescription-drug-boom>
- 05APR17 – Anne Burke et al, The Citizen feature length online article of SBS News:** <http://www.thecitizen.org.au/features/chronic-pain-chronic-problem-needs-holistic-solution-say-experts>
- 11APR17 - Dr Judith Turner (Uni Washington, IASP President), Adelaide 5AA radio:** <https://soundcloud.com/user-857774869/dr-judith-turner-adelaide-radio-5aa>
- 12APR17 - Dr Sean Mackey (Stanford US), ABC Adelaide:** <https://soundcloud.com/user-857774869/pain-dr-sean-mackey>

3. Codeine rescheduling:

- 05APR17 – Dr Simon Holliday, Sydney Morning Herald, The Age, Brisbane Times and other Fairfax publications:** <http://www.smh.com.au/national/health/gps-not-prepared-for-switch-to-prescription-only-codeine-expert-warns-20170403-gvczzj.html>

- 10APR17 - Dr Chris Hayes, ABC Newcastle NSW (audio link unavailable)**

4. Ultra runners feel less pain:

- 06APR17 – Dr Bernadette Fitzgibbon (Monash Uni), ABC Melbourne:** <https://soundcloud.com/abc-melbourne/yes-ultra-runners-do-endure-pain-better-than-wimps>

- 07APR17 - Dr Bernadette Fitzgibbon (Monash Uni), Sydney Morning Herald, The Age, Brisbane Times and other Fairfax publications:** <http://www.smh.com.au/lifestyle/health-and-wellbeing/fitness/why-ultramarathoners-dont-feel-pain--and-what-they-can-teach-the-rest-of-us-20170407-gvfr3f.html>

- 10APR17 - Dr Bernadette Fitzgibbon (Monash Uni), Monash Uni News:** <https://www.monash.edu/news/articles/ultra-runners-not-your-average-human-being>

- 11APR17 - Dr Bernadette Fitzgibbon (Monash Uni), MSN Health:** <http://www.msn.com/en-ph/health/wellness/what-makes-ultra-runners-unique/ar-BBzJxpW?li=AA4WWj>

- 11APR17 - Dr Bernadette Fitzgibbon (Monash Uni), Medical Express:** <https://medicalxpress.com/news/2017-04-ultra-runners-average-human.html>

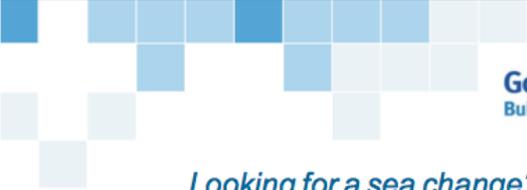
- 11APR17 - Dr Bernadette Fitzgibbon (Monash Uni), Medical Daily:** <http://www.medicaldaily.com/ultra-runners-may-feel-less-pain-general-population-according-research-415383>

5. Compensation for people injured in a car accident – is the system delaying recovery?

- a. **07APR17 – Dr Melita Giummarra (Monash Uni), ABC Adelaide:** https://soundcloud.com/user-857774869/abc-adelaide-mornings-pain?utm_source=soundcloud&utm_campaign=share&utm_medium=email
 - b. **07APR17 – Dr Melita Giummarra (Monash Uni), Herald Sun Melbourne:** <http://www.heraldsun.com.au/news/victoria/monash-university-research-finds-road-accident-victims-suffer-more-harm-when-seeking-compensation/news-story/3b6b47ffa576180e566a25daa8046e24>
 - c. **18APR17 - Dr Melita Giummarra (Monash Uni), ABC Melbourne:** <https://soundcloud.com/user-857774869/melita-giummarra-abc-mel-18417>
 - d. **19APR17 - Dr Melita Giummarra (Monash Uni), ABC Perth:** <https://soundcloud.com/user-857774869/dr-melita-giummarra-on-abc-perth-19417>
- 6. How illusions and body perceptions influence our experience of pain:**
- a. **07APR17 – Dr Tasha Stanton (Uni SA) with Dr Dr Melita Giummarra (Monash Uni), ABC Adelaide:** https://soundcloud.com/user-857774869/abc-adelaide-mornings-pain?utm_source=soundcloud&utm_campaign=share&utm_medium=email
 - b. **07APR17 - Dr Tasha Stanton (Uni SA), ABC Radio South East SA:** <https://soundcloud.com/user-857774869/dr-tasha-stanton-abc-south-east-sa-2>
- 7. How parents' distress during paediatric burns procedures can lead to increased child distress, anxiety and pain:**
- a. **08APR17 - Erin Brown (UQ), Brisbane Times and Sydney Morning Herald:** <http://www.brisbanetimes.com.au/queensland/distraction-the-key-to-calming-children-during-procedures-study-20170407-gvgey0.html>
 - b. **11APR17 - Erin Brown (UQ) with Prof Justin Kennardy (UQ), The Conversation:** <https://theconversation.com/parents-reactions-can-lesser-or-worsen-pain-for-injured-kids-75397>
 - c. **11APR17 - Erin Brown (UQ) with Prof Justin Kennardy (UQ), ABC online:** <http://www.abc.net.au/news/2017-04-11/parents-reactions-can-lesser-or-worsen-pain-for-injured-kids/8433940>
 - d. **13APR17 - Erin Brown (UQ), ABC Riverland SA (audio link unavailable)**
 - e. **18APR17 - Erin Brown (UQ), ABC Sydney NSW (audio link unavailable)**
 - f. **19APR17 - Erin Brown (UQ), ABC Adelaide SA:** <https://soundcloud.com/user-857774869/erin-brown-on-abc-adelaide-19417-1>
- 8. Trauma among military personnel, linking chronic pain and discomfort to PTSD:**
- a. **08APR17 – Kristin Graham (Uni SA), The Australian:** <http://www.theaustralian.com.au/national-affairs/defence/study-of-veterans-shows-ptsd-affects-both-body-and-mind/news-story/892a9e1cf9ad23e0fb4373ea8364e8d8>
- 9. Pain catastrophizing:**
- a. **10APR17 – Prof Michael Sullivan (UQ, McGill Canada), ABC RN Life Matters:** <http://www.abc.net.au/radionational/programs/lifematters/catastrophising-pain/8421152>
- 10. Chronic pain among indigenous Australians:**
- a. **21APR17: Dr Juli Coffin (Notre Dame WA) and Dr Ivan Lin (UWA), The Conversation:** <https://theconversation.com/myths-about-musculoskeletal-pain-and-aboriginal-australians-prevent-high-quality-care-76390>

NEW MEMBERS & POSITIONS VACANT

TITLE	FIRST NAME	LAST NAME	DISCIPLINE GROUP
Dr	Liz	Patton	Psychology
Mr	Jim	Phillips	Psychology
Miss	Elise	Sampson	Occupational Therapy
Dr	Scott	Smith	Anaesthesia

Gold Coast Health
Building a healthier community

Looking for a sea change?

Staff Specialist (Pain Medicine) positions are available now at the Interdisciplinary Persistent Pain Centre, Gold Coast Health.

More information:
Staff Specialist positions - Dr Kevin McNamara |
(07) 5687 9119 Kevin.McNamara@health.qld.gov.au

For details of vacancies and to apply, keep an eye on: www.health.qld.gov.au/employment/job-search




CALENDAR OF EVENTS

6-8 Sep 2017

Palliative Care Australia

Connection with Community

Adelaide Convention Centre, Adelaide, SA

<http://pca2017.org.au>

6-9 Sep 2017

European Pain Federation EFIC 10th Congress

Bringing Pain Relief to All Patients

Bella Center Copenhagen, Copenhagen, Denmark

<http://www.efic2017.kenes.com>

11-12 Sep 2017

Australian Disease Management Association (ADMA) 13th Annual National Conference

Integrated Care - Healthy Child to Healthy Ageing

Darwin Convention Centre, Darwin, NT

http://www.adma.org.au/images/Conference_Program_2017.pdf

17-20 Sep 2017

Rehabilitation Medicine Society of Australia and New Zealand (RMSANZ) 2nd Annual Scientific Meeting

The Leading Edge: Innovations in Rehabilitation Medicine

National Convention Centre, Canberra, ACT

<http://www.dconferences.com.au/rmsanz2017/>

21-22 Sep 2017

Arthritis & Osteoporosis WA

Making Sense of Pain - a workshop for Health Professionals

Wylie Arthritis Centre, Perth, WA

<https://www.arthritiswa.org.au/events/details/id/247/>

22-24 Sep 2017

Faculty of Pain Medicine Spring Meeting

Transcending pain: Ride the next wave

RACV Torquay Resort, Torquay, VIC

<http://fpm.anzca.edu.au/events/2016-spring-meeting>

11-15 Oct 2017

International Pelvic Pain Society

3rd World Congress on Abdominal & Pelvic Pain

Renaissance Washington DC Downtown, Washington DC, USA

<http://pelvicpain.org/meetings/annual-meeting/conference-pricing.aspx>

CALENDAR OF EVENTS

19-21 Oct 2017

Australian Physiotherapy Association

Momentum 2017 Physiotherapy Conference

ICC Sydney, Sydney, NSW

<http://www.apamomentum2017.asn.au>

26-28 Oct 2017

RACGP - GP17

The Foundation of Patient-Centred Care

International Convention Centre, Sydney, NSW

<http://gp17.com.au>

27 Oct 17

Pain Interest Group Nursing Issues (PIGNI) Professional Development Day

PIGNI 2017: Perspectives of Pain

SMC Conference & Function Centre, Sydney, NSW

<https://dcconferences.eventsair.com/QuickEventWebsitePortal/pigni-2017/website>

6-8 Nov 2017

International Foundation for Integrated Care - IFIC

APIC1 - 1st Asia Pacific Conference on Integrated Care

Brisbane Convention and Exhibition Centre, Brisbane, QLD

<https://integratedcarefoundation.org/events/apic1-1st-asia-pacific-conference-on-integrated-care>

12 Nov 2017

Ride for Pain

2017 Ride for Pain

University of South Australia Magill Campus, Adelaide, SA

Tracy.jones@unisa.edu.au

12-15 Nov 2017

Australasian Professional Society on Alcohol and other Drugs

APSAD Scientific Alcohol and Drug Conference

Pullman Melbourne Albert Park, Melbourne, VIC

<https://ashm.eventsair.com/QuickEventWebsitePortal/apsad2017/home>

15-17 Nov 2017

2017 Australian & New Zealand Spinal Cord Society Annual Scientific Meeting

Building Bridges

Brisbane Convention and Exhibition Centre, Brisbane, QLD

<http://www.dcconferences.com.au/anzscos2017/home>

CALENDAR OF EVENTS

17-18 Nov 2017

University of Sydney, Pain Management Research Institute

Placebo Symposium 2017: Harnessing placebo mechanisms to improve clinical outcomes

Novotel Manly, Sydney, NSW

<http://sydney.edu.au/medicine/pmri/education/continuing/symposia.php>

3-6 Dec 2017

Australasian Neuroscience Society 37th Annual Scientific Meeting

Building Bridges

International Convention Centre, Sydney, NSW

<http://ans2017.aomevents.com.au>

5-15 Feb 2018

Pain Management Research Institute, The University of Sydney

Pain Management Multidisciplinary Workshop

Royal North Shore Hospital, St Leonards, Sydney, NSW

<http://sydney.edu.au/medicine/pmri/education/continuing/workshop.php>

2-3 Mar 2018

Centre for Pain Medicine 6th Intl Symposium Invasive Procedures in Motion 2018 & 20th Anniversary Centre for Pain Medicine

Lessons from the Past, Criticism of the Present and Vision for the Future

Swiss Paraplegic Centre, Lucerne, Switzerland

http://www.schmerz-nottwil.ch/de/pub/zsm/fortbildungkongresse/invasives_procedures_motion_18.htm

19 Mar 2018

Pain Adelaide Stakeholders' Consortium

Pain Adelaide 2018

National Wine Centre, Adelaide, SA

<mailto:Tracy.jones@unisa.edu.au>

21-24 Mar 2018

Australasian Academy of Cerebral Palsy and Developmental Medicine (AusACPDM) 2018

Empowerment and Partners.

The Langham, Auckland, New Zealand

<https://www.ausacpdm.org.au/conference/>

7-8 Apr 2018

Neuromodulation Society of Australia and New Zealand 13th Annual Scientific Meeting

Neuromodulation - Delivering on Patient Outcomes

International Convention Centre, Sydney, NSW

<http://www.dconferences.com.au/nsanz2018/>

CALENDAR OF EVENTS

8-11 Apr 2018

Australian Pain Society 38th and New Zealand Pain Society Conjoint Annual Scientific Meeting

Collaborate. Educate. Disseminate.

International Convention Centre, Sydney, NSW

<http://www.dconferences.com.au/apsnzps2018/>

11-18 Apr 2018

Pain Revolution 2018

Rural Outreach and Cycling Tour

Various venues, Sydney, Wollongong, Moss Vale, Canberra, Jindabyne, Albury, NSW, ACT

<mailto:Angie.Clerc-Hawke@unisa.edu.au>



THE
AUSTRALIAN
PAIN SOCIETY

VISION:

All people will have optimal access to pain prevention and management throughout their life.

MISSION:

The Australian Pain Society is a multidisciplinary organisation aiming to minimise pain and related suffering through advocacy and leadership in clinical practice, education and research.

AIMS:

- To promote the provision of healthcare services for pain management
 - To promote equity of access to pain management services
 - To actively engage with key stakeholders and contribute to their activities
 - To provide a contemporary forum to discuss issues relating to pain research and treatment
 - To foster and support pain-related evidence-based research
 - To share and promote the expertise of all disciplines involved in the treatment of pain
 - To promote and facilitate evidence-based pain related education for health professionals and the community
 - To promote the development and use of standards and outcome measures in everyday clinical practice
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