Editor's Note

Dear all,

The APS finishes 2013 on a high note with multiple reports of educational activities and report on a new paediatric pain service. Congratulations to those involved in setting up these achievements. Our thanks to the folk who submitted articles for this newsletter: Carol Kanowski; Melissa Moran, Alecia Filmer and Elizabeth Kepreotes; Stuart Leckie and Bernadette Bugeja. Please ensure you read the article about our website – most members don’t know how much useful information we have there. Our website continues to be upgraded including contact details now available through the ‘members area’ – in late November all members were emailed individual passwords for this function. Please take this opportunity to update your member profile.

The next newsletter will be in February 2014; meanwhile I expect we’re all looking forward to Christmas-New Year celebrations and a summer holiday.

Regards,

Will Howard
Newsletter Editor

DISCIPLINE SUB GROUP FORUMS

NEW! Opportunity to share information and promote discussion within your pain discipline at the conference in Hobart.

The inaugural Australian Pain Society (APS) Discipline Sub Group Forums will be held at the Annual Scientific Meeting to be held in Hobart from 13 April 2014.

The APS is trialing a set of one hour forums, from 5-6pm, immediately prior to the Welcome Reception on Sunday 13 April 2014, in support of each of the following discipline sub groups:

- Occupational Therapy
- Physiotherapy
- Nursing
- Researchers: clinical and basic sciences
- Clinical Psychology & Psychiatry
- Medical

These forums will be conducted at no charge to members. The setting will be relaxed and informal to promote intra-discipline links across systems and states and to fast-track feedback from members to the APS Board.

To stimulate discussion, there will be a brief agenda and the session will be facilitated to document this feedback.

An APS Board member will be present at each forum to provide a direct conduit from members to the Board.

We encourage your participation in this new endeavour and genuinely seek YOUR feedback. Please indicate by brief email to the secretariat if you are interested in participating or would like any specific issues to be addressed. You do not need, to pre-register to attend this event but it would assist organisation if you express your interest in advance. We look forward to your contribution!

Malcolm Hogg
President

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CURRENT SCHOLARS:

<table>
<thead>
<tr>
<th>PhD Scholarship Sponsor</th>
<th>Scholar</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mundipharma #3-APS-APRA</td>
<td>Audrey Wang</td>
<td>“An investigation of the role of the brain in recovery from CRPS, using fMRI”</td>
</tr>
<tr>
<td>Janssen Cilag #2-APS-APRA</td>
<td>Sarah Kissiwaa</td>
<td>“Pain induced synaptic plasticity in the amygdala”</td>
</tr>
<tr>
<td>APS #5-APRA</td>
<td>James Kang</td>
<td>“Epigenetic influence in cognitive impairments in chronic neuropathic pain”</td>
</tr>
</tbody>
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The role of the brain in complex regional pain syndrome (CRPS)
Have you been diagnosed with CRPS?

We are investigating the function of the primary somatosensory cortex, motor cortex and brain neural networks in complex regional pain syndrome (CRPS). Your contribution to our research will help us investigate whether the symptoms experienced by patients with CRPS can result in alterations in areas of the brain responsible for these sensations and how some of these areas might be connected. The results of this research will help us to understand CRPS and may lead to improved treatment and management.

The study will take place at Neuroscience Research Australia (NeuRA), Randwick, Sydney NSW. NeuRA is affiliated with The University of New South Wales and South Eastern Sydney Local Health District. If you enrol in the study you will receive an image of your brain to take home. We will also reimburse you for your time and travel expenses.

If you would like to have more information or to be placed on our waiting list of participants, please contact Audrey Wang phone: 0293991806 or email: a.wang@neura.edu.au

HREC Approval No HC13214
## PAST SCHOLARS:

<table>
<thead>
<tr>
<th>PhD Scholarship Sponsor Scholar</th>
<th>APS/CSL/Mundipharma</th>
<th>Completed Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>APS #1-APRA Samantha South</td>
<td>1999</td>
<td>“Antinociceptive pharmacology of morphine and its major glucuronide metabolites”</td>
<td></td>
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<tr>
<td>CSL #1-APS-APRA Lara Winter</td>
<td>2004</td>
<td>“Antinociceptive properties of the neurosteroid alphadolone”</td>
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</tr>
<tr>
<td>CSL #2-APS-APRA Anne Pitcher</td>
<td>2006</td>
<td>“Conditional comfort: A grounded theory study in nursing approaches to acknowledging and responding to pain in nursing home residents with dementia”</td>
<td></td>
</tr>
<tr>
<td>APS #2-APRA Debbie Tsui</td>
<td>2008</td>
<td>“Preclinical studies in painful diabetic neuropathy”</td>
<td></td>
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<tr>
<td>Mundipharma #2-APS-APRA Zoe Brett</td>
<td>2011</td>
<td>“Individual differences in vulnerability to the development of chronic pain following injury”</td>
<td></td>
</tr>
<tr>
<td>APS #3-APRA Susan Slatyer</td>
<td>2013</td>
<td>“Caring for patients experiencing episodes of severe pain in an acute care hospital: Nurses perspective”</td>
<td></td>
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<tr>
<td>Janssen Cilag #1-APS-APRA Mary Roberts</td>
<td>Due 2013</td>
<td>“An investigation of the role of sleep in chronic pain”</td>
<td></td>
</tr>
<tr>
<td>APS #4-APRA Amelia Edington</td>
<td>2013</td>
<td>“Defining inhibitor binding sites unique to the glycine transporter, GLYT2: A potential target for the treatment of chronic pain”</td>
<td></td>
</tr>
</tbody>
</table>
The Pain Interest Group-Nursing Issues (PIG-NI), a sub-group of the Australian Pain Society, held their 7th annual Professional Development Day on October 18th at Le Montage Lilyfield, Sydney.

By Stuart Leckie & Bernadette Bugeja

In line with the IASP Global Year Against Orofacial Pain, the theme for the day was ‘Faces of Pain’. The lead speaker was Professor Chris Peck, Dean of the Faculty of Dentistry, Sydney University. Professor Peck’s talk outlined a multidisciplinary approach to orofacial pain. He spoke of an Integrated Pain Adaption Model, which, in addition to physical factors, took into account a person’s social and emotional environment.

Patricia Staunton, former Chief Magistrate of NSW, spoke on the professional and legal aspects of patient-controlled analgesia, PCA. Ms Staunton reminded the interested audience, that all hospital policies and protocols needed to be kept up to date, regularly accessed and followed, noting that a disconnect between policy and practice was a difficult position to defend in a coroners inquiry. Reference was made to the new (draft) Clinical Excellence Commission (CEC) Report on PCA Incidents in NSW, which showed the highest number of errors occurred during administration.

Dr Ruby Brillante, from Concord Hospital, spoke on opioids and sleep-related breathing disorders, highlighting the ventilatory impairment caused by opioids which may predispose susceptible patients to develop sleep disordered breathing (SDB). Patients with risk factors for SDB, when given opioids, should be closely monitored for ventilatory impairment.

Ms Megan Cluff a clinical nurse consultant at Westmead Children’s Hospital, presented on procedural sedation and analgesia for children. Megan acknowledged that many children have to undergo painful and distressing interventions. The use of procedural sedation and analgesia can be used to decrease pain, discomfort and emotional stress. Megan suggested that procedures be carried out in a procedure room ensuring that the patient’s bed remains a safe haven. She emphasised the importance of age-appropriate distraction techniques during painful procedures.

Dr Newman Harris from Royal North Shore Hospital captivated the audience with his presentation on suicidality in pain patients. Dr Harris listed suicide risk factors and discussed how they can be minimised by improving mood, identification of and exploration of suicidality, and finally by increasing subjective self-efficacy, coping and social support. The take home message from this presentation was the need to identify suicidality, assess the severity and act accordingly.

The presentation by Anthea Temple from the Agency for Clinical Innovation was suitably titled “The elderly - aggression and agitation... could it be pain?” People with mild dementia have normal pain processing ability; however those with severe dementia have impaired pain processing. It was found that people with dementia have less frequent demands for analgesia. The recommendations for analgesia are to start low and go slow, and to watch for delirium and constipation.

PIG-NI supports rural pain education with the provision of two $500 Rural Scholarships to help with travel to attend. The Chair of PIG-NI, Grazyna Jastzrab (centre), with the winners Maria Catera (Dubbo) and Michelle Widderson (Armidale).

Innovation (ACI) standardising pain charts for NSW: those implemented this year include PCA, ketamine and single doses of neuraxial opioids. The trial of the epidural chart is underway with plans to implement it in 2014. Work also continues with the ACI Pain Management Network, to develop and strengthen chronic pain services within NSW.
RESOURCES ON THE APS WEBSITE

Did you know we have a range of publications on our website?

You can browse through them and many of them can be downloaded for later.

Our list comprises:

- **Pain in Residential Aged Care Facilities - Management Strategies**
  - The PMG Kit for Aged Care
  - Pain Management Flowchart
  - Pain Management Poster
  - The Abbey Pain Scale

- **Suffering in Silence – Australia’s unmanaged pain crisis, MJA 02 April 2012, Volume 196, No 6**

- **Acute Pain Management: Scientific Evidence Third Edition 2010**

- **IASP publications**

- **National Pain Strategy (Australia)**

- **Declaration of Montreal: Declaration that Access to Pain Management is a Fundamental Human Right**

- **English Pain Summit Report 2012 – Putting Pain on the Agenda**

- **Pelvic Pain e-booklet** by Dr Susan Evans and Ms Deborah Bush

- **Pain Toolkit Booklet**

- **Australian Family Physician – Focus: Pain, AFP March 2013, Volume 42(3) 81-160**

- **ACI List of Chronic Pain Services in NSW – Partners in Pain Management**

- **Chronic Pain – A Major Issue in Rural Australia: Fact Sheet**

- **Global Year Against Orofacial Pain**
  - Fact Sheet 1 – Orofacial Pain
  - Fact Sheet 2 - Neurovascular Orofacial Pain (NOP)
  - Fact Sheet 3 - Persistent Dento-Alveolar Pain Disorder (PDAP)
  - Fact Sheet 4 - Odontogenic/Dental Pain
  - Fact Sheet 5 - Burning Mouth Syndrome (BMS)
  - Fact Sheet 6 - Temporomandibular Disorders (TMD)
  - Fact Sheet 7 - Persistent Idiopathic Facial Pain (PIFP)
  - Fact Sheet 8 - Glossopharyngeal Neuralgia (GNP)
  - Fact Sheet 9 - Trigeminal Neuralgia (TN)

- **Facility Directory**
  - Medicare Locals Listing

- **Consumer Information and Links**

- **Useful Links**

- **Research**
The Focus on Pain Group Queensland held their 3rd Annual conference on the 19th October 2013 at the Royal Brisbane and Women's Hospital (RBWH) in Brisbane.

By Carol Kanowski

The conference bought together health professionals from a wide range of backgrounds who face the daily challenge of helping people with unrelieved pain.

High quality education for health professionals was the focus of the day. In the international Year of Orofacial Pain Dr Justin Collum set a high standard opening the proceeding with a thoughtful presentation of the pathophysiology of orofacial pain its complexities, and treatment. The early identification and referral of what is often a nerve based injury from trauma or surgery to the maxillofacial team promotes better outcomes. He included cases studies that had us all checking our TMJ’s for clicking and grinding.

The use of regional analgesia was championed by Dr Adrian Chin, the lessons learned from Afghanistan demonstrated that regional analgesia provides a safe and stable way to manage trauma and surgical pain further that all hospitals’ need a regional service; trained and available to insert high quality pain management. Louise Munroe highlighted regional analgesia’s value by presenting the model successfully applied in Cairns Base Hospital, the timely insertion of fascia iliaca blocks in the Emergency Room for fractured neck of femur by trained nurses, that has prevented untold suffering by our most vulnerable patients as they often do not complain but have high morbidity and mortality if unable to mobilise on day one.

Other speakers included Paediatric Pain Specialist Dr Kathleen Cooke, Nurse Practitioner Melanie Proper, Psychiatrist Dr Laura Hamilton, Clinical Nurse Consultant Andrea Kelley, Pain Specialist Dr Tania Morris, Physiotherapist Rebecca Wilson, Clinical Nurse Consultant Carol Kanowski and Occupational Therapist Huong Nguyen.

The conference schedule included Pain in Adolescents, Pain in Pregnancy, Psychological strategies for managing the difficult patient, Naltrexone – new use for an old drug and a Multidisciplinary Panel discussion on Complex Regional Pain Syndrome.

The planning committee’s registration data from the previous two conferences indicated that participants would be highly experienced, with many in positions of leadership within their organizations. As a result, the planning committee developed topics, and formats that allowed many of the speakers to present topical information to promote peer learning and sharing while still addressing the needs of less experienced attendees. Close to 100 Attendee’s gathered from all over Queensland demonstrating commitment to learning and professional development.

The Australian College of Nursing (ACN) endorsed the conference and the Annual General Meeting (AGM) this year. This endorsement guaranteed the program had been highly scrutinised and then approved to meet professional standards & requirements for nurse education. Eight (8) standards were met for this endorsement including active learning, collaboration of practice, skill, knowledge, critical thinking and analysis and provision of care.

The 2013 conference sponsors included Mundi-pharma, Pfizer, Smiths Medical, Teleflex REM Services and Hospira they created an atmosphere that was welcoming and the space for which attendee’s needed to network and be together.

The Focus on Pain Committee works on a volunteer basis and their hard work and enthusiasm was commendable on the day. The collaboration among committee members, sponsors and supporters resulted in a great conference. Special thanks went to conference convenor Andrea Kelley, President Melanie Proper, Treasurer Denise Francis-King, Secretary Trudy Maunsell, Assistant Treasurer Rachel Caldwell, Education officer Helen Stewart and committee members Kathleen Collins, Carol Kanowski and Rebecca Wilson.

In closing “I attended last year and was excited to attend again. I have learned from both conferences and will return again next year. The primary value is being around other health professionals who work within the pain management field, networking and learning from each other makes the job seem so much easier in the complex world of pain management”.

Carol Kanowski - Clinical Nurse Consultant North Qld

Persistent Pain Management Service (NQPPMS) The Townsville Hospital.
This is the only paediatric pain service in NSW outside of Sydney and as such it covers a huge geographical area from Newcastle to the Queensland border.

By Melissa Moran, Alecia Filmer and Elizabeth Kepreotes

The Children’s Complex Pain Service at the John Hunter Children’s Hospital in Newcastle was established as a Tier 2 service in July this year and was opened by the Minister for Health and Research, Jillian Skinner in October. It is the only paediatric pain service in NSW outside of Sydney and as such it covers a huge geographical area from Newcastle to the Queensland border.

The multidisciplinary team comprises a Medical Pain Specialist, a Clinical Nurse Consultant, a Physiotherapist, a Clinical Psychologist and an Administrative Assistant, all working part-time. Telehealth consultations will be available for families living more than 50 kilometres from the John Hunter Children’s Hospital in 2014. This will provide care closer to home for the 60% regional and rural clients who access the service.

The team aims to assist young people and their families using innovative approaches to care including psychological support for parents and siblings, the use of a team email for questions and resource provision, and the use of technology based therapy with iPads and iPods.

Referrals are accepted from Medical Specialists or General Practitioners, with the team seeing new clients aged from birth to 16 years but supporting young people through to their 19th birthday when pain is persistent. A statewide referral form is available on the Kaleidoscope website under Referral Templates: http://www.kaleidoscope.org.au/site/spinfopands. The team email address is HNELHD-CCPS@hnehealth.nsw.gov.au for enquiries.

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**Personalised Pain Management: Quest for the Holy Grail**

2014 Australian Pain Society 34th Annual Scientific Meeting

13 - 16 April 2014

Hotel Grand Chancellor, Hobart

**Submission Deadlines**

- Topical Sessions: 1 August 2013
- Free Papers & Posters: 31 October 2013
- Early Bird Registration: 14 February 2014
Recent Publications

Thank you to Gila Moalem-Taylor, PhD, School of Medical Sciences, University of New South Wales for sharing the following Opinion Article that has been published online:


This opinion article summarises the progress made on research related to the involvement of cytokines in neuropathic pain through both preclinical and clinical studies, and suggests that the use of biologics targeting specific cytokines is an exciting prospect for the treatment of different neuropathic pain conditions.

Have you had an article accepted for publication this year?

Reminder that we are keen that members inform us when they have publications so that this can be shared with your APS colleagues. Please send the newsletter editor (via the APS Secretariat, aps@apsoc.org.au) the title, authors and reference (i.e. the journal, volume etc.) of the article, preferably with a short explanatory note to give our readers the gist of the article, e.g. the conclusions part of the abstract; if you would like to supply a short commentary on the article, even better.

Will Howard, Editor

7th Annual Pediatric Pain Master Class

Application Guidelines for 2-Week Scholarship 2014

Scholarships to applicants from low and moderate income countries for the Pediatric Pain Master Class, Minneapolis, MN, USA (June 7-13, 2014) plus a one-week clinical practicum (June 2-6, 2014) with the Pain and Palliative Care team.

Course open to all physicians, scholarship only applies to low-middle income countries.

Details - http://www.childrensmn.org/PainAndPalliativeCare
Personalised Pain Management: Quest for the Holy Grail

2014 Australian Pain Society 34th Annual Scientific Meeting

**IMPORTANT DATES**

- Free Papers & Posters: 31 October 2013
- Registration Opens: November 2013
- Early Bird Registration: 14 February 2014

**KEYNOTE SPEAKERS**

**Dr Jane Ballantyne**
Trained in Anaesthesia at John Radcliffe Hospital, Oxford, then moved to Massachusetts General Hospital, Harvard University, Boston in 1990. She was appointed Chief of the Division of Pain Medicine at MGH in 1999. Dr Ballantyne became University of Washington (UW) Medicine Professor of Education and Research in 2011. Her research focuses on development of opioid management tools utilising electronic outcomes assessment and rapid learning methodology. She edits several leading journals & is a widely published author.

**Professor Jeffrey Mogil**
Currently the E.P. Taylor Professor of Pain Studies and the Canada Research Chair in the Genetics of Pain at McGill University in Montreal, Canada. He has authored over 170 journal articles and book chapters since 1992, and he has given over 220 invited lectures in that same period. He currently serves as a Section Editor at the journal *Pain*, and he chaired the Scientific Program Committee of the 13th World Congress on Pain held in 2010.

**Dr Andrew Moore**
Graduated with a Doctor of Science from the University of Oxford and has over 30 years experience in biomedical research. He is currently Director of Pain Research, Nuffield Department of Anaesthetics, Oxford, and Chairman of the International Association for the Study of Pain Systematic Review and Evidence special interest group. Dr Moore is founding editor of the evidence based journal - *Bandinge* and has contributed 500+ scientific and clinical publications & 200 systematic reviews including 80 Cochrane reviews.

**TOPICS**

- Pain and genetics
- Opioid prescription issues
- Osteoarthritis
- Low back pain
- Pain in older persons
- Orofacial pain
- Visceral pain
- Understanding self-management
- Evidence and pain
- Pathophysiology of nerve compression

For more information please contact the APS Secretariat | DC Conferences Pty Ltd | P 61 2 9954 4400

Distinguished Member Award

The Board of Directors is seeking nominations from all APS members for candidates to be considered for the Distinguished Member Award/s to be presented at the 34th Annual Scientific Meeting to be held in Hobart from 13-16 April 2014.

Eligibility criteria:
Candidates must be Australian Pain Society member/s who have:
• Made major contribution towards the Society, and
• Significantly contributed to the science of pain medicine, and/or
• Played a significant clinical, educational or research role in the field of Pain Medicine in Australia

Please submit all nominations to the APS Secretariat by 31 January 2014 so the membership committee may consider them.

Past recipients of the Distinguished Member Award are:

<table>
<thead>
<tr>
<th>YEAR</th>
<th>RECIPIENTS</th>
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<tbody>
<tr>
<td>2007</td>
<td>Professor Tess Cramond&lt;br&gt;Dr Geoff Gourlay</td>
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<tr>
<td>2008</td>
<td>Dr John Ditton&lt;br&gt;Professor Michael Cousins&lt;br&gt;Professor Nicolai Bogduk</td>
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<tr>
<td>2009</td>
<td>Dr Carolyn Arnold&lt;br&gt;Dr Leigh Atkinson&lt;br&gt;Dr David Cherry&lt;br&gt;Dr David Gronow&lt;br&gt;Professor Arthur Duggin&lt;br&gt;Dr George Mendelson&lt;br&gt;Dr Connie Peck</td>
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<td>2010</td>
<td>Dr Roger Goucke</td>
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<tr>
<td>2011</td>
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<tr>
<td>2012</td>
<td>Dr Bruce Rounsefell</td>
</tr>
<tr>
<td>2013</td>
<td>Ms Amal Helou</td>
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The Australian Pain Society (APS) is pleased to announce the availability of a number of Travel Grants up to the value of $500 for PhD students to present their research at the 34th Annual Scientific Meeting (ASM) of the APS to be held in Hobart on 13-16 April 2014.

This Travel Grant program is made possible through an allocation of APS operating funds and only available by submitting a completed application form by 31 January 2014 to apsoc.org.au

Eligibility Criteria:

- Current membership of the Australian Pain Society (you can join now at: APS Membership). Applications from non-members will not be considered.
- Acceptance of an abstract of your research presentation.
- Presentation of your research in either oral or poster format.
- Applicants must live outside the metropolitan area of the conference city.

Terms:

1. Travel Grant awards will be made at the discretion of the Scientific Programming Committee (SPC)
2. The principal eligibility factor will be the quality of the submitted abstract.
3. Only one author per abstract may apply. This author must have made a major contribution to the work.
4. Successful applicants will be notified by 20th February 2014 and receive their Travel Grants at the ASM.

☐ I have read the above Terms and Conditions and agree that I have made a major contribution to the submitted abstract.
This workshop follows the very successful roundtable held earlier this year in Melbourne.

More than 30 Medicare Locals have identified chronic pain as an issue in their communities, and the workshop is aimed at providing direction and support for the development and delivery of best practice pain services in these communities.

The workshop will focus on the tools, education and training, and support available for Medicare Locals and features examples of effective collaboration between Medicare Locals and Local Hospital Networks.

The latest research and successful approaches to addressing pain in rural and indigenous communities will also be covered.

More details can be found at: http://amlalliance.com.au/events/pain-management-workshop

A range of flexible educational opportunities is available via the Pain Management Research Institute, University of Sydney.

Formal Degree Course (Online)
Graduate Certificate, Graduate Diploma & Masters
Distance education online study is available to students worldwide. The program commences in March or August each year, with enrolments closing either late January or late June.

Continuing Education Opportunities
1. Pain Management Multidisciplinary Workshop
   Wk 1: The Problem of Pain (10-13 Feb 2014)
   Wk 2: The Management of Pain (17-20 Feb 2014)
2. Understanding & Treating Headache Symposium (19 Oct 2013)

Note: Please see PMRI website for details of offerings in 2014, including our Visiting Scholar Program and Symposia

For further information go to: http://sydney.edu.au/medicine/pMRI/education or contact Ms Ros Wyllie
T: + 61 (0) 2 9463 1516   F: + 61 (0) 2 9463 1002  E: paineducation@sydney.edu.au

Pain Adelaide 2014 - March 31st 2014 - SAVE THE DATE

It’s on again!! Now in it’s third year - Pain Adelaide:
Mark Jensen | Mac Christie | Julio Licino | Mike Ridding | Tasha Stanton | Michael Nicholas | Sam Whittle | Rainer Haberberger | Some Surprises!

We hope to see you again! Mark it in your diary NOW.

To register your interest, visit: http://www.bodyinmind.org/painadelaide-2014/
Building future generations

Tuesday 2nd September – Thursday 4th September 2014
The Masonic Conference Centre, Sydney

Topics
- Complex and Chronic Disease
- Cancer / Haematology
- Pain, Palliative and Supportive Care
- Paediatrics
- Mental Health – removing the stigma
- Primary and Acute Care
- Professional Issues and Leadership
- Research

Contact: The ACNP Conference Secretariat

Want up to the minute information on the 2014 Australian Pain Society 34th Annual Scientific Meeting?

Follow us on Twitter…
www.twitter.com/AusPainSoc

Like us on Facebook
Click here to like us on Facebook
FYI

Items of interest for our members:


• Facility Directory Update Please advise the APS Secretariat of any updates so we may endeavour to keep the Facility Directory current: [http://www.apsoc.org.au/facility-directory](http://www.apsoc.org.au/facility-directory)

• Chronic Pain – A Major Issue in Rural Australia This Fact Sheet issued by the National Rural Health Alliance Inc in collaboration with Painaustralia can be downloaded from our list of publications at [http://www.apsoc.org.au/publications](http://www.apsoc.org.au/publications)

• Secret World of Pain Don’t miss this informative BBC documentary featuring Professor Irene Tracey. See it now on our list of Video and Weblinks: [http://www.apsoc.org.au/useful-links](http://www.apsoc.org.au/useful-links)

• Cancer pain management in adults: Evidence-based clinical practice guidelines adapted for use in Australia Developed by Improving Palliative Care through Clinical Trials (ImPaCCT) and HammondCare. This new online tool, hosted by the Cancer Council of Australia, offers better cancer pain control and be accessed via our list of Video and Weblinks: [http://www.apsoc.org.au/useful-links](http://www.apsoc.org.au/useful-links)

• American Chronic Pain Association – Opioid Safety Public Service Announcement The ACPA opioid safety public service announcement is now live on the big screen in Times Square. This ten-second version of our PSA reminds people who use opioids to store them securely, dispose of them properly, and NEVER share them. It will run through January 5, the height of the holiday travel season. View at: [http://www.youtube.com/watch?v=Bqzt7HY8jFs](http://www.youtube.com/watch?v=Bqzt7HY8jFs)

• New APS Online Membership System Please remember to update your member profile on the new online membership system to ensure we can stay in touch: [https://www.apsoc.org.au/Login.aspx](https://www.apsoc.org.au/Login.aspx)

FYI + 2014 MEMBERSHIP RENEWALS

Thank you for your continued support and membership of the APS.

Before renewing online, please ensure you update your member profile. Payments can be made by Credit Card or Cheque.
NEW MEMBERS + POSITION VACANT

New Member list:

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<tr>
<th>Title</th>
<th>First Name</th>
<th>Surname</th>
<th>Discipline Group</th>
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<tr>
<td>Ms</td>
<td>Yasmin</td>
<td>Ahamed</td>
<td>Physiotherapy</td>
</tr>
<tr>
<td>Mrs</td>
<td>Paula</td>
<td>Crouch</td>
<td>Nursing</td>
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<tr>
<td>Mrs</td>
<td>Joanne</td>
<td>Dalton</td>
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<tr>
<td>Mrs</td>
<td>Melissa</td>
<td>Davidson</td>
<td>Physiotherapy</td>
</tr>
<tr>
<td>Mrs</td>
<td>Alecia</td>
<td>Filmer</td>
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<tr>
<td>Dr</td>
<td>Romil</td>
<td>Jain</td>
<td>Pain Medicine</td>
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<tr>
<td>Mrs</td>
<td>Elizabeth</td>
<td>Kepreotes</td>
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</tr>
<tr>
<td>Dr</td>
<td>Andrew</td>
<td>Ladhams</td>
<td>General Practice</td>
</tr>
<tr>
<td>Ms</td>
<td>Melissa</td>
<td>Moran</td>
<td>Psychology</td>
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<tr>
<td>Mrs</td>
<td>Sandy</td>
<td>Rooks</td>
<td>Nursing</td>
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<tr>
<td>Dr</td>
<td>Michael</td>
<td>Shelley</td>
<td>Psychology</td>
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Pain Specialists, Anaesthetists, Rehab and Sport Physicians - Metro Pain Clinic, VIC

Employment Status: Part Time/Full Time
Hours per week: Flexible
Contact: Dr David Vivian

Applications Close: 31 December 2013

Metro Pain Clinic Melbourne, has employment opportunities for:
• Pain Specialists
• Rehabilitation Physicians
• Anaesthetists
• Sport Physicians

to join a highly experienced pain management team. If your interest is in the field of Musculoskeletal and Pain Medicine we would like to hear from you. We can offer flexible working hours on a part time or full time basis. For further details, please refer to the Positions Vacant section in the Members Area of the APS website.

Closing date for applications 31 December 2013.
Please direct enquiries to dvivian@metrospinal.com.au or (03) 9595 6111
<table>
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<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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## CALENDAR OF EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>2-5 Sep 2014</td>
<td>The Australian and New Zealand Society of Palliative Medicine</td>
<td>Palliative medicine Past present and future &lt;br&gt;Surfers Paradise Marriott Resort and Spa, Gold Coast QLD &lt;br&gt;<a href="https://www.etouches.com/ehome/65181">https://www.etouches.com/ehome/65181</a></td>
</tr>
<tr>
<td>6-11 Oct 2014</td>
<td>International Association for the Study of Pain (IASP)</td>
<td>15th World Congress on Pain &lt;br&gt;La Rural Convention Centre, Buenos Aires Argentina &lt;br&gt;<a href="http://www.iasp-pain.org/Content/NavigationMenu/WorldCongressonPain2/15thWorldCongressonPain/default.htm">http://www.iasp-pain.org/Content/NavigationMenu/WorldCongressonPain2/15thWorldCongressonPain/default.htm</a></td>
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<tr>
<td>1-4 Oct 2014</td>
<td>Lievensberg Hospital, Holland</td>
<td>4th Biannual International Multidisciplinary Pain Congress &lt;br&gt;Van der Valk Hotel Eindhoven, Eindhoven The Netherlands &lt;br&gt;<a href="http://www.paincongress.org">http://www.paincongress.org</a></td>
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## THE AUSTRALIAN PAIN SOCIETY

www.apsoc.org.au

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## Vision

All people will have timely recognition, prevention and management of pain across their lifespan.

## Mission

The Australian Pain Society is a multidisciplinary body aiming to relieve pain and related suffering through leadership in clinical practice, education, research and public advocacy.

## Aims

- To promote the provision of healthcare services for pain management
- To promote equity of access to pain management services
- To actively engage with key stakeholders and contribute to their activities
- To provide a contemporary forum to discuss issues relating to pain research and treatment
- To foster and support a broad spectrum of pain-related research
- To share and promote the expertise of all disciplines involved in the treatment of pain
- To promote the formulation and use of Evidence Based Guidelines as they relate to pain
- To foster and support the prevention of persistent pain
- To promote and facilitate pain related education for health professionals and the community
- To promote the development and use of standards
## APS Directors & Office Bearers 2013

<table>
<thead>
<tr>
<th>Directors:</th>
<th>Office Bearers:</th>
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</thead>
<tbody>
<tr>
<td><strong>President:</strong></td>
<td><strong>Immediate Past President:</strong></td>
</tr>
<tr>
<td>Dr Malcolm Hogg</td>
<td>Dr Tim Semple</td>
</tr>
<tr>
<td>Department of Anaesthesia and Pain Management</td>
<td>Royal Adelaide Hospital Pain Clinic</td>
</tr>
<tr>
<td>Royal Melbourne Hospital, Parkville VIC 3052 Tel: 03 9342 7540 Fax: 03 9342 8623</td>
<td>North Terrace, Adelaide SA 5000 Tel: 08 8222 5403 Fax: 08 8222 5904</td>
</tr>
<tr>
<td><strong>QLD Director:</strong></td>
<td><strong>SPC Chair:</strong></td>
</tr>
<tr>
<td>Ms Trudy Maunsell</td>
<td>Professor Michele Sterling</td>
</tr>
<tr>
<td>Princess Alexandra Hospital</td>
<td>Centre for National Research on Disability and Rehabilitation Medicine (CONROD), Ground Floor, Edith Cavell Building Royal Brisbane Hospital QLD 4029 Tel: 07 3365 5344 Fax: 07 3346 4603</td>
</tr>
<tr>
<td>199 Ipswich Road Woolloongabba QLD 4102 Tel: 07 3176 5547 Fax: 07 3176 5102</td>
<td></td>
</tr>
<tr>
<td><strong>SA Director:</strong></td>
<td><strong>TAS Director:</strong></td>
</tr>
<tr>
<td>Ms Anne Burke</td>
<td>Mr Simon Watt</td>
</tr>
<tr>
<td>Royal Adelaide Hospital Pain Clinic</td>
<td>Physiotherapy - Outpatients North West Regional Hospital</td>
</tr>
<tr>
<td>North Terrace, Adelaide SA 5000 Tel: 08 8222 4770 Fax: 08 8222 5904</td>
<td>23 Brickport Road Burnie TAS 7320 Tel: 03 6430 6608 Fax: 03 6430 6607</td>
</tr>
<tr>
<td><strong>Secretary:</strong></td>
<td><strong>JASP Liaison:</strong></td>
</tr>
<tr>
<td>Mr Michael Deen</td>
<td>Professor Michael Nicholas</td>
</tr>
<tr>
<td>Metro South Persistent Pain Management Service</td>
<td>Pain Management Research Institute Royal North Shore Hospital St Leonards NSW 2065 Tel: 02 9926 7894 Fax: 02 9662 6279 Website: <a href="http://www.iasp-pain.org">www.iasp-pain.org</a></td>
</tr>
<tr>
<td>Level 3, 57 Sanders Street Upper Mount Gravatt QLD 4122 Tel: 07 3339 5500 Fax: 07 3339 5599</td>
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<tr>
<td><strong>Treasurer:</strong></td>
<td><strong>Website/Social Media Coordinator:</strong></td>
</tr>
<tr>
<td>Dr Gavin Chin</td>
<td>Dr Richard Sullivan</td>
</tr>
<tr>
<td>Royal Darwin Hospital</td>
<td>Peter MacCallum Cancer Centre – East Melbourne Locked Bag 1, A’Beckett Street VIC 8006 Tel: 03 9656 1111 Fax: 03 9656 1400</td>
</tr>
<tr>
<td>PO Box 14326, Casuarina NT 0811 Tel: 08 8922 8888 Fax: 08 8922 8900</td>
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<tr>
<td><strong>ACT Director:</strong></td>
<td><strong>Newsletter Editor:</strong></td>
</tr>
<tr>
<td>Mrs Joy Burdack</td>
<td>Dr William Howard</td>
</tr>
<tr>
<td>Calvary Health Care ACT</td>
<td>Department of Anaesthesia Austin Health Studley Road, Heidelberg VIC 3084 Tel: 03 9496 3800 Fax: 03 9459 6421</td>
</tr>
<tr>
<td>PO Box 254 Jamison Centre ACT 2614 Tel: 02 6201 6854 Fax: 02 6201 6949</td>
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<tr>
<td><strong>WA Director:</strong></td>
<td><strong>PhD Scholarship Chair:</strong></td>
</tr>
<tr>
<td>Dr Stephanie Davies</td>
<td>Professor Maree Smith</td>
</tr>
<tr>
<td>Anaesthetic Department and Pain Medicine Unit Fremantle Hospital Health Service Alma St, Perth WA 6160 Tel: 08 9431 3298 Fax: 08 9431 3696</td>
<td>Centre for Integrated Preclinical Drug Development University of Queensland St Lucia QLD 4072 Tel: 07 3365 2554 Fax: 07 3365 1688</td>
</tr>
<tr>
<td><strong>NSW Director:</strong></td>
<td><strong>Secretariat:</strong></td>
</tr>
<tr>
<td>Ms Fiona Hodson</td>
<td>DC Conferences Pty Ltd</td>
</tr>
<tr>
<td>Hunter Integrated Pain Service John Hunter Hospital and Royal Newcastle Centre PO Box 664J Newcastle NSW 2300 Tel: 02 4922 3435 Fax: 02 4922 3438</td>
<td>PO Box 637, North Sydney, NSW 2059 Tel: 02 9016 4343 Fax: 02 9954 0666 Email: <a href="mailto:aps@apsoc.org.au">aps@apsoc.org.au</a></td>
</tr>
<tr>
<td><strong>NT Director:</strong></td>
<td></td>
</tr>
<tr>
<td>Ms Jenny Phillips</td>
<td></td>
</tr>
<tr>
<td>Acute Pain Service, Royal Darwin Hospital</td>
<td></td>
</tr>
<tr>
<td>PO Box 41326, Casuarina NT 0811 Tel: 08 8922 8888 Fax: 08 8922 8325</td>
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**THE AUSTRALIAN PAIN SOCIETY**

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**APs NEWSLETTER | DECEMBER 2013**